

APA Format

Phone: 405-945-3278

Writing Center Hours: 8:30 AM - 8:30 PM M-Th, 8:30 AM - 4:30 PM F, 1:00 PM - 5:00 PM S-S Email: okc.tutoring@okstate.edu



Definition: APA Format is the American Psychology Association's standard for the presentation of an essay, including a <u>headers</u>, <u>page number</u>, <u>title page</u>, <u>Times New Roman</u>, <u>12 point font</u>, <u>double spaced</u>, <u>1-in Margins</u>, <u>and a References Page</u>.

Lesson:

<u>Text:</u> APA guidelines allow a variety of font types; however, it recommends, 11-point Calibri, 11-point Arial, 11-point Georgia, or 12-point Times New Roman. Font style should stay consistent throughout the paper.

<u>Page Number:</u> There should be a page number in the upper right corner of each page.

Margins: There should be 1-inch margins all around the paper, except for the page number which should be ½ inch from the top of the page.

Alignment: All text should be aligned to the left of the page.

<u>Paragraphs:</u> Each paragraph should be indented ½ inch. Do not skip a line.

<u>Abstract:</u> The abstract follows the title page and is a summary of the paper. On the first line, center "Abstract" in bold. Abstracts are one paragraph, left aligned, with no indents.

<u>Title Page:</u> The title should be centered on the first page, approximately one quarter into the page. Then, skip a line. This is followed by the author, then the division and college, then the class, then the professor, and finally, the date.

<u>Headings</u>: Headings are used to help the reader easily navigate through the document's sections. Level 1 Headings are centered and bolded, but level 2 headings are aligned to the left and bolded.

<u>Running Head:</u> The essay should include a running head in the upper left corner or the title in all caps, beginning on the abstract page.

<u>References Page:</u> The word "References" is bolded and centered with citations following in alphabetical order and complete with hanging indentions.



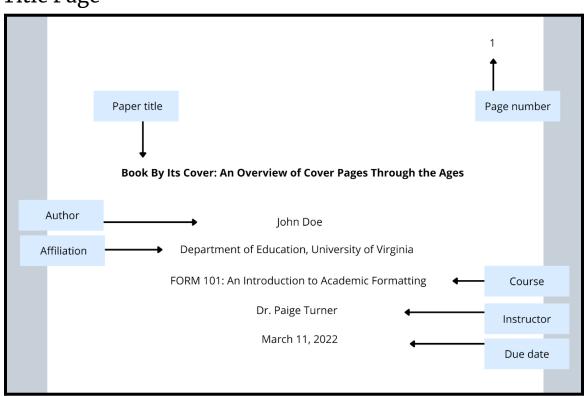
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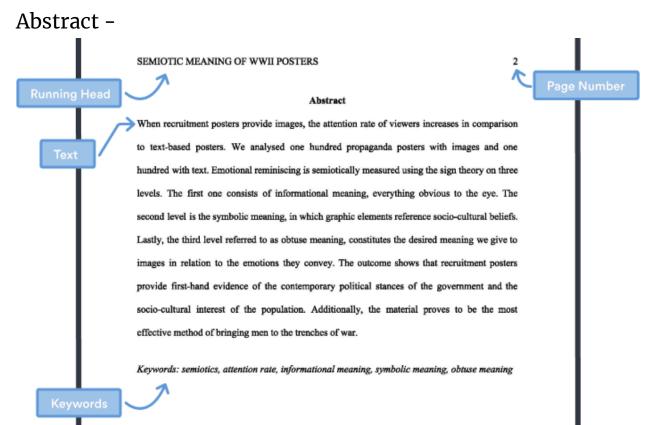
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Examples: Title Page





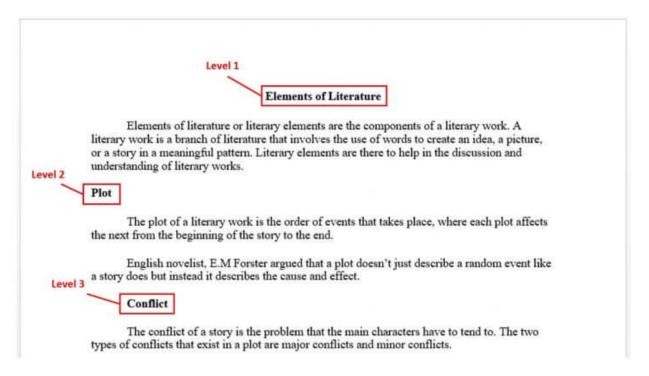


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