

September

2023

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
3	4 Labor Day	5 YOGA 12pm	6 YOGA 5pm	7	8	9
10	11 Breathing and Meditation with Ross. 3pm-3:30pm	12 YOGA 12pm	13 YOGA 5pm	14	15	16
17	18	19 YOGA 12pm	20 YOGA 5pm	21	22	23
24	25	26 YOGA 12pm	27 YOGA 5pm	28	29	30

Notes:

9/11 Zoom: Breathing and meditation with Ross 3pm-3:30pm

<https://okstate-edu.zoom.us/j/98689333630?pwd=NjRkRVZBa2lWNFVhOQWJTQU9QU9GdiUT09>

Meeting ID: 986 8933 3630

Passcode: 646362