

February 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 WC: Intro to Kickboxing Car buying lunch and learn	3	4
5	6 Zoom Learn at Lunch w Ross: Breathing & Meditation Exercises	7	8	9	10	11
12	13	14 Valentine's Day WC: Introduction to Kickboxing	15	16 WC: Introduction to Kickboxing	17	18
19	20 Presidents' Day	21	22	23	24	25
26	27	28 WC: Introduction to Kickboxing				

Notes:

WC: Wellness Classes. All Wellness Classes start at 12:10pm, unless otherwise stated

Car Buying Lunch and Learn. Conference 304, 12pm.

<https://apply.osuokc.edu/register/car-buying>

Zoom Learn at Lunch: Breathing & Meditation Exercises:

<https://okstate-edu.zoom.us/j/91557387079?pwd=b29KVnZqNlNnUmdCeE5SRFBYR3lOQT09>

Meeting ID: 915 5738 7079, Passcode: 704359