K OKLAHOMA STATE UNIVERSITY

Quicklinks / Search Q



DEPARTMENT OF HUMAN RESOURCES

ABOUT US CAREERS DEPARTMENTS ANNOUNCEMENTS HR CONTACTS

Home / OSU Employee Benefits / Employee Assistance Program

Employee Assistance

Your Employee Assistance Program (EAP) benefits are offered through GuidanceResources®. Your benefits offer you and your dependents confidential support, resources and information for personal and work-life issues. These services are part of your benefits package and are available at no additional cost to you.

Your Resources include:

EAP for Confidential Counseling

Life can be stressful. Your EAP is designed to provide short-term counseling services for you and your dependents to help you handle concerns constructively, before they become major issues.

Call anytime about concerns such as marital, relationship and family problems; stress, anxiety and depression; grief and loss, job pressures and substance abuse.

Work-Life Solutions

Too much to do, and too little time to get it all done? The work-life specialists at GuidanceResources® can do the research for you, and provide qualified referrals and customized resources for child and elder care, moving, pet care, college planning, home repair, buying a car, planning an event, selling a house and more.

Legal Support

With GuidanceResources®, you have an attorney "on call" whenever you have questions about legal matters. Speak with on-staff licensed attorneys about legal concerns such as divorce, custody, adoption, real estate, debt and bankruptcy, landlord/tenant issues, civil and criminal actions and more. If you require representation, you can be referred to a qualified attorney for a free 60-minute consultation and a 25 percent reduction in customary legal fees.

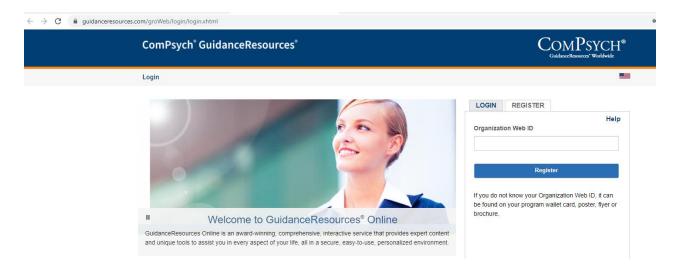
Contact

405.744.5449

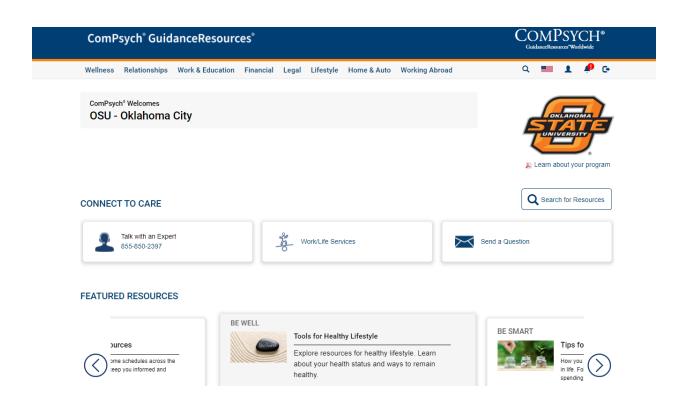
osu-benefits@okstate.edu

→ BACK TO BENEFITS OVERVIEW

https://hr.okstate.edu/benefits/guidanceresources.html

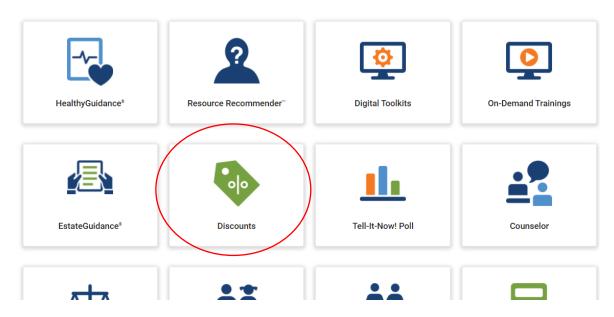


Visit <u>www.guidanceresources.com</u>, click the link for I am a first time user, enter **OKSTATEEAP** as your Web ID, then create your user ID and password.

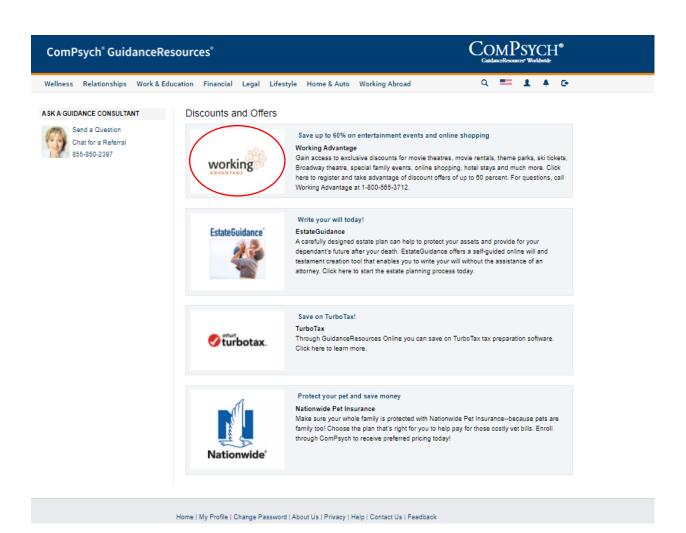


Scroll down to the discounts menu option under additional tools & resources.

ADDITIONAL TOOLS & RESOURCES



Click on Working Advantage and create a login to access discounted tickets and travel opportunities.





GuidanceResources ComPsych is proud to offer you FREE access to the Working Advantage members-only program! This unique program gives you access to exclusive discounts and special offers to theme parks, shopping, movie tickets, hotels, broadway shows and much more - with savings up to 60% Off!

WELCOME!





OR

NEW USERS: SIGN UP TO BECOME A MEMBER	
First Name*	
Personal Password*	
Confirm Password*	

Some of the benefits include:

- Theme Park & Amusement Park Tickets
- Online Shopping and Service Discounts
- Broadway Theatre
- Movie Tickets
- Ski Tickets

GuidanceResources ComPsych



Quick Find Q

TRAVEL Hotels, Reetal Cars, Flights, Packages

THEME PARKS & ATTRACTIONS

HOTELS ~

RENTAL CARS

SKI

SHOWS & EVENTS MOVIE TICKETS CHOOSE A CITY SHOPPING V

PREFERRED ACCESS™
Sports, Concerts, Major Events & More

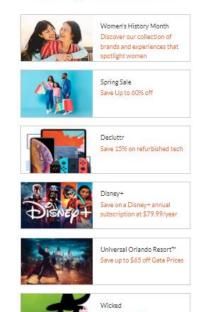
Austin, need help booking? 📞 1-800-565-3712

Welcome Austin! Enjoy Your Exclusive Employee Discounts



Amazing Offers This Week

Welcome , Austin | MY ACCOUNT | LOGOUT | NEED HELP |



The website will also offer discount's on certain brands such as "Samsung".

If you follow the links and log into the Samsung website it will show you a discount for working at OSU. Here you can see an example of this discount on Samsung's newest phone.

