# OKLAHOMA STATE UNIVERSITY – OKLAHOMA CITY

Drug-Free Schools and Communities Act

Biennial Review

2018-2019 and 2019-2020

Prepared by:

OSU-OKC Campus Behavior Assessment Team (CBAT)

December 2020

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# Oklahoma State University – Oklahoma City

# **President Certification**

I have reviewed and approved the following Biennial Repamendments to the Drug-Free Schools and Communities A General Administrative Regulations (EDGAR) Part 86 – the D	ct (DFSCA), as articulated in the Education Department
Mike Widell, Interim President	- Date
Oklahoma State University – Oklahoma City	

# **Campus Behavior Assessment Team (CBAT)**

The Campus Behavior Assessment Team (CBAT) performs the Biennial Review. The CBAT is tasked with investigating and evaluating campus threats, and other behaviors of concern, in order to apply appropriate strategies to manage such situations. The team is composed of OSU-OKC employees representing campus areas that include law enforcement, administration, student conduct, faculty, and staff.

## **Members and Contributors**

Dar Yasseri	Melissa Herren	
Co-Chair	Co-Chair	
Vice President	Senior Director	
Student Experience	Human Resources	
Darvin Gore	Vructla Diek	
	Krystle Dick	
Director	Director	
Office of Safety and Security	Academic Advising	
Emily Cheng		
Director		

Disability Services and Diversity Office

#### **Executive Summary**

The following report was prepared by the Oklahoma State University – Oklahoma City Campus Behavior Assessment Team (CBAT). This report is prepared to meet the requirements of the 1989 amendments to the *Drug-Free Schools and Communities Act (DFSCA)*, as articulated in the *Education Department General Administrative Regulations* (EDGAR) Part 86 – the Drug-Free Schools and Campuses Regulations.

In order to certify its compliance with the regulations, an Institute of Higher Education (IHE) must adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities. An institution of higher education will demonstrate compliance with the regulations as it completes the following:

- 1. Prepare a written policy on alcohol and other drugs.
- Develop a sound method for distribution of the policy to every student and IHE staff member each year.
- 3. Prepare a biennial review report on the effectiveness of its alcohol and other drug (AOD) programs and the consistency of policy enforcement.
- 4. Maintain its biennial review report on file so that, if requested to do so by the U.S. Department of Education, the campus can submit it.

This biennial review addresses the academic years of 2018-2019 and 2019-2020 and the required objectives described below:

- Determine the effectiveness of and implementation of any needed changes to the alcohol and drug programs, and
- 2. Ensure the disciplinary sanctions for violating standards of conduct are enforced consistently.

The Part 86 Compliance Checklist and the Supplemental Checklist for Drug-Free Schools and Campuses Regulations (EDGAR Part 86) have been completed and are Appendix A and B of this review.

Variety Care, who was located on our campus until March 20, 2020, has now opened multiple locations within two miles of the campus and expanded throughout the Oklahoma City Metro area. This clinic is available to see students for medical, dental, and behavioral health appointments at a low-cost fee schedule. This important campus partnership provides an opportunity for students to reach out for help facing any addiction issues they may be encountering.

The President of Oklahoma State University – Oklahoma City is required to approve and sign this report. This report is on file with the Office of the President, Office of Student Engagement, and the Office of Safety and Security.

#### Oklahoma Epidemic: Prescription Drug Abuse

In a study by Express Scripts, a large pharmacy benefit management organization, the State of Oklahoma registered within the top five states in both the use and cost of prescription painkillers; the state rates second to Alabama in highest use (Muchmore, 2012). According to the study, Oklahomans used enough prescription narcotics to provide one prescription for each member covered by the benefit manager, Express Scripts.

Dr. William Yarborough, an internal medicine specialist at the University of Oklahoma School of Community Medicine, said part of the reason Oklahomans use more prescription narcotics is because they have more chronic conditions that prompt doctors to prescribe them. Abuse is another factor, he said. Oklahoma consistently ranks among the top states for prescription drug abuse (Muchmore, 2012).

According to the Oklahoma Bureau of Narcotics & Dangerous Drugs Control, the goal of the State of Oklahoma is to reduce prescription fraud, substance abuse, "doctor shopping", and other illegal activity related to pharmaceutical drug diversion

(http://www.ok.gov/odndd/PrescriptionMonitoringProgram). The Bureau works with pharmacies, practitioners and other health care professionals to reduce prescription drug abuse. The Oklahoma Anti-Drug Diversion Act (63 O.S. Section: 2-309) and the Oklahoma Prescription Drug Monitoring Program (PMP) are statutes designed to deter the abuse of prescription drugs.

In 2013—2014, Oklahoma was one of only 12 states that reported a decrease in the rate of drug overdose deaths, however it ranked 10<sup>th</sup> on the list of states with the highest drug overdose death rate in the nation (20.4 deaths per 100,000 population). During this same time period, unintentional opioid overdose deaths in Oklahoma decreased by 9%. (Rudd, Aleshire, Zibbell, & Gladden, 2016). Since 2012, heroin overdose deaths have more than doubled from 26 deaths to 53 deaths in 2016.

(https://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state/oklahoma-opioidsummary).

Muchmore, S. (2012, November 24). Oklahoma in top five states in prescription pain drug use, study says. Tulsa World. Retrieved from

http://www.tulsaworld.com/news/article.aspx?subjectid=17&articleid=20120924\_17\_A1 Arecen839005

National Institute on Drug Abuse. (2018). Oklahoma opioid summary. Retrieved from

(https://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state/oklahoma-opioidsummary).

Prescription monitoring program (pmp). (n.d.). Retrieved from

http://www.ok.gov/odndd/Prescription Monitoring Program/index.html

Rudd, R.A., Aleshire, N., Zibbell, JE., Gladden, RM. (2016). Increases in drug and opioid overdose deaths -

United State, 2000-2014. MMWR Morb Mortal Weekly, 64(50), 1378-82.

#### Descriptions of the Alcohol and Other Drugs (AOD) Program Elements

Each campus is tasked by the Department of Education to provide AOD elements to the campus community through notification of institutional policy. The mission statement for OSU-Oklahoma City supports student success and personal growth,

Oklahoma State University-Oklahoma City provides industry-relevant higher education for a diverse student population through innovative technology and experienced faculty and staff; leading to personal growth, graduation, and employment that supports the needs of a multi-cultural region.

Additionally, campus support systems add to the AOD program elements through various efforts. The Campus Behavioral Assessment Team(CBAT) serves as OSU-OKC's coordinator of student conduct. In this role, the CBAT team contacts and meets with students to assess situations of possible non-academic misconduct. Examples of non-academic misconduct are described in the campus' Student Code of Conduct and includes AOD-related incidents. The CBAT team offers support to students struggling with behavioral and AOD issues, conducts training for the university community, and consults faculty and staff when addressing student conduct issues.

#### **Student Conduct**

The CBAT team is dedicated to promoting a safe, respectful, and supportive learning community that promotes the intellectual, personal, cultural, and ethical development of OSU-OKC students. OSU-OKC's philosophy on student discipline is firm, but educational in nature. The university recognizes that students will make mistakes and poor choices. Accordingly, the CBAT Team helps students learn from their choices while holding them accountable for their behavior. In the event that a student presents with issues involving alcohol or other drugs, normal student conduct policy and procedures will be followed. However, community resources are also provided. A list of treatment facilities, counseling services and other resources are provided below. The body of academic literature on student retention and completion references the importance of campus-based mentorship programs as a means by which to support student integration into the campus learning environment and the management of stress.

# **Mentorship Initiatives**

OSU-OKC offers a growing number of mentorship initiatives that support student integration into the campus learning environment as the path to academic success and degree completion. A peer mentor commits to shepherding 2-3 students each semester and serves as their primary contact to access campus resources. All mentors receive training on campus services and resources available such as the Student Success and Opportunity Center, Testing, Advisement, TRIO, Career Center, Student Engagement, Wellness Center, and Variety Care Clinic located in the metro area. All mentors are provided resource packets to give to students at the first face-to-face meeting. Mentors are also trained that if students are experiencing significant life challenges (i.e., job issues, homelessness, drug/alcohol problems, financial issues, etc.) they are to refer students to the Director of Student Engagement who will then direct them to appropriate campus and/or community resources.

#### **Project SOAR**

Project SOAR is a federally-funded program designed to meet the individual academic needs of OSU-Oklahoma City students. The program is purposed to improve the retention and graduation rates of targeted students. This purpose is accomplished as the program facilitates a supportive environment where students can come for assistance in meeting their unique academic, personal, career and social needs. While Project SOAR serves primarily in the academic support role, it is not uncommon for students to self-disclose personal issues that may include alcohol and drug abuse. When this event occurs, the program provides referrals to campus and community resources to students who identify they need help. SOAR supports AOD programming elements by communicating institutional policy, as well as highlighting the risks associated with alcohol and drug use and providing referrals to community resources.

#### **Faculty and Staff Availability**

All full-time faculty are required to hold weekly office hours on campus and encourage students to utilize this time to report or discuss any issues that may be effecting their coursework. Likewise, staff are readily available to meet with students at various times throughout the day.

#### **Service Learning**

Service learning combines community service with classroom instruction, focusing on critical, reflective thinking as well as personal and civic responsibility. Service learning programs involve students in activities that address local needs while developing their academic skills and commitment to their community. Two agencies students incorporate into service learning and that supports drug and alcohol treatment/recovery include Second Chance Re-Entry Services and Family Recovery Counseling Center. Likewise, our Alcohol and Substance Abuse Counseling program requires students to complete 150 practicum hours at a treatment facility in the Oklahoma City Metro or surrounding counties. Both of these programs provide students opportunities to support our local alcohol and drug treatment centers while getting hands on experience for their academic program.

#### **Safety and Security**

OSU-Oklahoma City students traveling from the campus to destinations where school-related business and activities are being conducted, and/or where transportation or any portion of expenses are provided by the school or school organizations, are required to sign the Student Behavior Contract for Travel Off Campus. This contract includes a paragraph regarding the use of alcoholic beverages by students from the time of departure from the campus until the time of arrival back to the campus. This document serves to support the AOD Program elements of notification to students regarding institutional policy regarding alcohol and other drugs at off campus university activities. (Appendix C)

The Office of Safety and Security provides campus security 24 hours a day, seven days a week. Campus Security patrols parking lots, buildings, and grounds and manages a network of security camera feeds. Security personnel are immediately contacted when an individual on campus is suspected of violating the AOD restrictions and responds appropriately, and, as necessary, in coordination with the Oklahoma City Police Department. The Office of Safety and Security also enforces campus restrictions related to tobacco usage and vaping.

#### **Human Resources**

The mission of the Office of Human Resources is to provide skilled assistance and advisement that, enables the hiring and development of a competent, engaged workforce that reflects the university's values of respect, cooperation, professionalism and fairness. The Director of Human Resources ensures all employees have access to and understand programs which provide benefits related to AOD use including:

Family Medical Leave: Employees afflicted by substance dependence may be eligible for leave under the Family and Medical Leave Act.

Office of the Americans with Disabilities Act Coordinator: All employees, including those who do not qualify for Family Medical Leave, may be eligible for job-protected leave or other reasonable accommodations under the ADA if they have a qualifying disability.

Long-Term Disability Insurance: Employees may be eligible to receive long-term disability insurance benefits if they are unable to work during a period of substance abuse treatment.

OSU-OKC has been recognized as a Certified Healthy Oklahoma business and campus. This certification showcases businesses, campuses, communities, congregations, early childhood programs, restaurants, and schools are committed to supporting healthy choices through environmental policy change. These entities work to improve the health of Oklahoma by implementing elements, policies, and programs that will help Oklahomans to eat better, move more and be tobacco free.

#### **Wellness Center**

The OSU-OKC Wellness Center offers an array of wellness activities and classes to the campus community. The mission of the Center is to give all students, staff, faculty, alumni, and community members the means to achieve total well-being in a global community providing health and fitness education, recreation, and services.

#### Campus Behavior Assessment Team (CBAT)

While OSU-OKC does not currently have a licensed mental health or substance abuse counselor position on campus, the Campus Behavioral Assessment Team (CBAT) and academic advisement staff serves as the primary referral resource for students who self-identify with an issue or if they are referred by others within the campus community. Additionally, Variety Care Services are located near campus and across the metro. This clinic is available to see students for medical, dental, and behavioral health appointments at a low-cost fee schedule. Below is a list of agencies to which OSU-OKC refers students in need of help with alcohol or other substance abuse issues.

#### **Community Support Groups**

Alcoholic Anonymous Oklahoma 24/7 meeting hotline: (405) 524-1100 http://www.aaoklahoma.org/

Narcotics Anonymous Oklahoma

Helpline: (405) 524-7068 (Inside Oklahoma City area) (866) 524-7068 (Outside Oklahoma City area)

https://www.okna.org/

## Resource Helplines

Oklahoma Department of Mental Health and Substance Abuse Services Hotline (800) 522-9054
Substance Abuse Mental Health Services Administration (SAMHSA) Hotline (800) 662-HELP (4357)

# **Treatment and Rehabilitation Centers**

A Chance to Change	(405) 840-9000
Community Action Agency - Turning Point	(405) 634-0508
INTEGRIS Substance Abuse Treatment Programs	(405) 717-9840 or (405) 951-2273
Mid-Del Youth & Family Center	(405) 733-5437
North Care	(405) 858-2700
Oklahoma County Crisis Intervention Center	(405) 945-6215
The Recovery Center	(405) 525-2525
Red Rock Behavioral Health	(405) 424-7711
SSM Health St. Anthony Treatment Center	(405) 713-5706
Sunbeam Family Services	(405) 528-7721
Valley Hope	(800) 544-5101

# **Campus Alcohol and Drug-Free Settings**

OSU-Oklahoma City maintains an alcohol and drug free campus. Local, state, and federal laws prevent the unlawful possession, use and distribution of illicit drugs and alcohol by students and employees in buildings, facilities, grounds, or other property owned and/or controlled by the University or as part of the University activities. All activities facilitated by the university promote alcohol and drug free environments. These activities include events such as movie nights, fundraisers, and spirit days.

The Oklahoma Smoking in Public Places and Indoor Workplaces Act, 63 O.S. §§ 1-1523; 1-1525, et seq., requires Oklahoma State University — Oklahoma City to adopt policies regulating smoking in facilities owned, leased, or under the control of the university. (See Appendix D — Tobacco Use Policy)

The OSU-OKC Security Department supports the restriction of smoking/vaping and other tobacco use on campus by:

- 1) Posting restrictions at each building entrance
- 2) Patrolling by observation
- 3) Responding to complaints

No data is collected on these efforts since officers educate violators and direct them to areas where the activity can occur – either in their vehicle or off campus.

The following campus facilities provide an AOD free environment:

#### Wellness Center

Administration Building, 1st floor

 $\begin{array}{ll} \mbox{Monday \& Wednesday} & 8:00 \ \mbox{a.m} - 5:00 \ \mbox{p.m} \\ \mbox{Tuesday \& Thursday} & 7:00 \ \mbox{a.m.} - 4:00 \ \mbox{p.m.} \\ \mbox{Friday} & 9:00 \ \mbox{a.m.} - 3:00 \ \mbox{p.m.} \end{array}$ 

#### <u>Hub</u>

Student Center, 2<sup>nd</sup> Floor

Monday – Thursday 8:30 a.m. – 1:30 p.m.

Friday closed

# Library

Learning Resource Center,  $\mathbf{3}^{\text{rd}}$  and  $\mathbf{4}^{\text{th}}$  Floors

Monday – Friday 8:00 a.m. – 5:00 p.m.

<sup>\*\*</sup>Beginning March 2020, hours varied due to COVID-19 and classes held 85% online. May be changed at any time deemed appropriate\*\*

# Statement of AOD Program Goals and a Discussion of Goal Achievement

Oklahoma State University – Oklahoma City is committed to ensuring, to the best of its ability, that its students, staff, and faculty are aware of the dangers of abuses of alcohol and other drugs. Additionally, OSU-OKC recognizes the importance that the campus community has the appropriate information and resources to alleviate such abuse. Faculty, staff and students are subjected to appropriate sanctions regarding the inappropriate or illegal use or abuse of such substances on campus and at other venues that involve university community members. As is the case for many universities and colleges, AOD efforts directed to students focus on harm reduction. OSU-OKC's AOD program goals and discussion of goal achievement acknowledges that the campus is governed by an open-admission policy, as well as a non-residential environment that yields a diverse student population at the average age of 26. Moreover, AOD program goals and discussion of goal achievement acknowledges the campus ability to identify student AOD abuse. Given the campus' diverse student population, AOD program goals acknowledge that students may not be able to afford health benefits. This consideration leads to the heightened importance of the development of community resource networks.

#### **Summaries of AOD Program Strengths and Weaknesses**

#### **Strengths**

OSU-OKC has developed and implemented an AOD policy in accordance with the Drug-Free Schools and Communities Act

The AOD policy is distributed annually to every student and available to all staff and faculty members.

OSU-OKC provides consistent enforcement of AOD related polices in relation to university events.

The results of a campus-wide student survey indicate that respondents are aware of institutional AOD policies (84.77%, up from 74.7% from the previous survey) that includes recognizing the campus as an AOD free setting (98.4%, up from 91.37% from the previous survey), Tobacco/Vape Free Campus (95.83%, up from 90.4% from the previous survey), and student conduct policies addressing sanctions for policy violations (59.93%). (See Appendix F)

The results of a campus-wide faculty-staff survey indicates that respondents participate in the AOD programming primarily by reading the annual email notification (79%) and reading university policy regarding AOD (71%). Likewise, a majority of faculty and staff (58.93%) report they know how to refer a student or colleague for help if struggling with a drug or alcohol problem. Additionally, the majority of faculty and staff (82.14%) report that they know how to identify the signs of problematic drug and alcohol use. (See Appendix G)

All student events are "alcohol and drug free" activities on campus.

"No Smoking or Vaping" signs are posted across campus and aggressively enforced.

Academic programs stress partnership opportunities with community nonprofit organizations through service learning or practicums or volunteering opportunities that support the AOD messaging.

The campus maintains a referral network used to connect individuals struggling with AOD abuse to community resources.

#### Weaknesses

Low level of faculty engagement in prevention efforts.

Results of a campus-wide survey indicate that a majority (81%) of faculty and staff respondents do not want to be involved with AOD prevention activities, although 65% report they would attend planned AOD prevention activities. (See Appendix G)

Low numbers of campus specific programming focused on AOD prevention  $\label{eq:constraint} % \begin{subarray}{ll} \end{subarray} \begin{$ 

Results of a campus-wide student survey indicate that only 1/3 of respondents know how to access the referral network for AOD community resources or know what academic courses provide drug and alcohol information within the course. (See Appendix F)

Low student body response to campus-wide AOD Survey

Commented [HM1]: Did we do a survey?

Commented [HM2]:

## **Procedures for Distributing Annual AOD Notification to Students and Employees**

Students can find information regarding alcohol/drug treatment resources on the OSU-OKC webpage at <a href="https://osuokc.edu/studentconduct/alcohol-drug-program">https://osuokc.edu/studentconduct/alcohol-drug-program</a>. This information includes the following:

- Center for Substance Abuse Treatment Information and Referral Line
- · Cocaine Helpline
- National Council on Alcoholism and Drug Dependence Hope Line
- · National Institute on Drug Abuse
- The Reach-Out Hotline.

The Code of Student Conduct is referenced within the academic catalog and specifically, during freshman orientation events. In addition, students are emailed the Alcohol and Other Drugs policy each semester, following the term's census date.

OSU-OKC's Marketing and Communications Department utilizes OrangeWire powered by MailChimp to disseminate timely on-campus information to current students, faculty and staff. Topics in the e-newsletter include on-campus event promotions, scholarship opportunities, important deadlines, feature stories and more. OrangeWire is also utilized to disseminate information regarding the AOD program following the term's census date (See Appendix H)

The Staff, Faculty and Adjunct Faculty handbooks present information regarding drug/alcohol counseling and rehabilitation programs available through the Employee Assistance Program (EAP). The EAP is a confidential resource for faculty, staff, and their families who are experiencing personal difficulties. Developed to improve employee well-being, the EAP service is provided free of charge to campus employees. The EAP has a variety of helpful resources available online

(https://hr.okstate.edu/benefits/hrEAP) for the employee's education and general information. The employee handbooks are referenced at orientations, employee trainings, and convocation events.

#### Faculty and Staff schedule of AOD training

New Hire Safety Orientation Within the first month of employment Staff Recognition Training Provided annually

Q4: Safety Fair Each November or December of the year

#### Academic courses/programs that include AOD training

**Student Success Strategies** 

New Student Orientation August 2018, 2019

#### Program student handbooks that include AOD policy or sanction information:

Nursing Student Handbook Diagnostic Sonography Student Handbook Radiology Technician Student Handbook Emergency Medical Technician Student Handbook

# Courses with health/alcohol and other drug components that highlight risks associated with abuse:

CA 1103	Drug Abuse (AC 1103 Introduction to Addiction Problems, effective 2019-2020)
CA 1113	Helping Skills (AC 1113 Foundations of Addictions Counseling, effective 2019-2020)
CA 1320	Technical Problems- Substance Abuse (AC 1320 Current Issues in Addiction Counseling, effective 2019-2020)
CA 2243	Practicum in Drug and Alcohol Counseling I
CA 2253	(AC 2243 Practicum in Addictions Counseling I, effective 2019-2020) Practicum in Drug and Alcohol Counseling II
CALZZSS	(AC 2253 Practicum in Addictions Counseling, effective 2019-2020)
CA 2333	Chemical Abuse in the Family
CVSS 2113	(AC 2333 Addiction in the Family, effective 2019-2020)
CVSS 2113	Abuse and Exploitation of Children
CVSS 2233	Rape and Sexual Assault
	Domestic and Family Violence
HPER 1101	Introduction to Wellness
ICS 1163	Student Success Strategies
EMSP 1143	Emergency Medical Technician
EMSP 1246	Paramedic Care I
EMSP 1234	Pharmacology
NURS 1102	Intro to Nursing
NURS 1118	Foundation of Nursing Concepts
NURS 1148	Nursing Care and Concepts across the Lifespan
NSCI 1113	Basic Human Nutrition
NSCI 1123	Healthy Living
PLSC 1103	Introduction to Forensic Science
PLSC 1313	Patrol Procedures
PLSC 2103	Emergency Medical Responder
PLSC 2253	Survey in Police Science
PSYC 1113	Introduction to Psychology
PSYC 2113	Psychology of Adjustment
PSYC 2413	Abnormal Psychology
SOC 2123	Social Problems
SOC 2213	Crime and Delinguency
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#### Copies of the Policies Distributed to Students and Employees

#### **Excerpt from Alcohol and Other Drugs Website**

#### A. Purpose

The Drug Free Schools and Communities Act, Amendments of 1989 require an institution of higher education certify to the U.S. Department of Education that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees in order to remain eligible for federal financial assistance of any kind. This policy is adopted by the Oklahoma State University system to comply with this statutory directive.

#### B. Policy

As set forth in local, state, and federal laws, and the rules and regulations of the University, OSU-Oklahoma City prohibits the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees in buildings, facilities, grounds, or other property owned and/or controlled by the University or as part of University activities.

#### C. Internal Sanctions

Any student or employee of the University who has violated this prohibition shall be subject to disciplinary action including, but not limited to, suspension, expulsion, termination of employment, referral for prosecution and/or completion, at the individual's expense, of an appropriate rehabilitation program.

#### D. External Sanctions

Local, state, and federal laws provide for a variety of legal sanctions for the unlawful possession and distribution of illicit drugs and alcohol. These sanctions include, but are not limited to, incarceration and monetary fines.

Federal law provides rather severe penalties for distributing or dispensing, or possessing with the intent to distribute or dispense a controlled substance and penalties of a less severe nature for simple possession of a controlled substance. The type and quantity of the drug, whether the convicted person has any prior convictions, and whether death or previous injury resulted from use of the drug in question (this, however, is not a factor in a case of simple possession) all affect the sentence. For example, if less than 50 kilograms of marijuana are involved and it is your first office (no prior convictions), then you are subject to imprisonment of not more than 5 years, a fine of \$250,000 or both. If however, 50-100 kilograms of marijuana are involved instead of less than 50, and all other factors are the same as in the preceding example, you are subject to imprisonment of not more than 20 years, unless death or serious injury results from the marijuana use, then you are subject to not less than 20 years or life, a fine of \$1,000,000, or

both. While the penalties for simple possession are less severe, the first conviction still carries a sentence of up to a year imprisonment, a fine of a least \$1.000 but not more than \$100,000, or both. With regard to simple possession, the number of convictions makes both the minimum period of imprisonment and fines greater. Under special provisions for possession of crack, a person may be sentenced to a mandatory term of at least 5 years in prison and not more than 20 years, a fine of \$250,000, or both.

Starting July 1, 2000, conviction under Federal or State law involving the possession or sale of a controlled substance shall make a student ineligible to receive any grant, loan, or work assistance beginning with the date of conviction and ending as follows: (1) conviction for possession of a controlled substance: first offense — one year; second offense — two years; third offense — indefinite (2) sale of a controlled substance: first offense — two years; second offense — indefinite. Students may regain eligibility earlier than specified by satisfactorily completing a rehabilitation program or other requirement as specified in the regulations.

State Law provides similar penalties with regard to the simple possession, distribution, or possession with the intent to distribute a controlled dangerous substance. Simple possession of marijuana is a misdemeanor and carries a punishment of up to one year in the county jail. A second or subsequent conviction for simple possession of marijuana carried two – ten years in the state penitentiary.

Possession of marijuana with the intent to distribute is a felony and carries a punishment of two years to life in the penitentiary and a fine of up to \$20,000 for the first conviction. A second or subsequent conviction carries a punishment of four years to life in prison and a fine of up to \$40,000. Depending upon the quantity involved, a convicted individual could be sentenced under the Oklahoma "Trafficking in Illegal Drugs Act" which provides for much harsher penalties.

In addition, state law provides that possession of, or possession with intent to consume, 3.2 beer by someone under 21 years old in a public place is a misdemeanor punishable by a fine not to exceed \$1000.00 or by appropriate community service not to exceed 20 hours. Possession of other alcoholic/intoxicating beverages by someone under 21 years old in a public place is a misdemeanor punishable by imprisonment in the county jail for not more than 30 days, a fine not to exceed \$100., or both. There are also state laws concerning driving under the influence of alcohol and using a false driver's license to obtain 3.2 beer or other alcoholic beverages. Depending upon the number of previous convictions or gravity of the circumstances you may be convicted of a felony or misdemeanor for such an offense. It is most likely that you will also forfeit your driving privileges in the event you are convicted of such an offense.

There are also Oklahoma City laws similar to those described above. If drugs are involved the city will, most likely, defer to the state or federal authorities because their penalties are more severe. If alcohol is involved, you may be convicted of violating both local and state law and punished according to both laws. Courts do not excuse individuals convicted of these offenses from a prison sentence to go to college or work. A conviction for such an offense is a serious blemish on your record which could prevent you from entering many careers or obtaining certain jobs.

The above-referenced examples of penalties and sanctions are based on the relevant laws at the time of adoption of this policy statement. Such laws are, of course, subject to revision or amendment by way of the legislative process.

#### E. Health Risks

Alcohol and other drug use can represent serious threats to health and quality of life. Alcohol and other drug use increase the risk of accidents, birth defects, HIV/AIDS, and other disease. Combining drugs may lead to unpredictable effects and many prescription and nonprescription drugs are potentially addictive and dangerous. Major categories of drugs and probable effects are below.

Alcohol impairs judgment and coordination, and in many persons causes a greater likelihood of aggressive and/or violent behavior. Even short-term use may cause respiratory depression and, when consumed by pregnant women, may cause irreversible physical and mental abnormalities in newborns (fetal alcohol syndrome) or even death. Long-term use may lead to irreversible physical and mental impairment, including liver disease, heart disease, cancer, ulcers, gastritis, delirium tremens, and pancreatitis. Alcohol interacts negatively with more than 150 medications. Driving while under the influence of alcohol is particularly dangerous and is a major cause of traffic-related deaths.

Barbiturates (depressants, Quaaludes, Valium, Zanax, etc.) depress central nervous, cardiovascular, and respiratory functions. Barbiturate use may lower blood pressure, slow reactions, and distort reality. Convulsions, coma, and death are outcomes associated with barbiturate use. Combining the consumption of barbiturates with alcohol or 3.2 beer is especially dangerous.

Cocaine/Crack are powerful central nervous system stimulants that construct blood vessels, dilate pupils, increase blood pressure, and elevate heart rate. Cocaine use may induce restlessness, irritability, anxiety, paranoia, seizures, cardiac arrest, respiratory failure, and death. Cocaine is extremely addictive, both psychologically and physically. Great risk exists whether cocaine is ingested by inhalation (snorting), injection, or smoking., Compulsive cocaine use may develop even more rapidly is the substance is smoked, and smoking crack cocaine can produce particularly aggressive paranoid behavior in users.

Date Rape Drugs (Rohypnol, rophies, roofies, GBH, Ketamine, etc.) may incapacitate a person, particularly when used with alcohol. Rohypnol and GHB (gamma-hydroxybutyrate) are characterized as "date rape" drugs because they incapacitate victims, thereby increasing vulnerability to sexual assault and other crime. Sedation, relaxation, and amnesia re associated with Rohypnol use. Rohypnol may be psychologically and physically addictive and can cause death if mixed with alcohol or other depressants. GHB usage may result in coma and seizures and, when combined with methamphetamine, appears to cause an increased risk of seizure. Combining use with other drugs such as alcohol can result in nausea and difficulty in breathing. GHB may also produce withdrawal effects, including insomnia, anxiety, tremors, and sweating. Ketamine may induce feelings of near-death experiences.

Ecstasy (S, Adam, MDMA, XTC, etc.) has amphetamine-like and hallucinogenic properties. Its chemical structure is similar to other synthetic drugs known to cause brain damage. Ecstasy use may cause psychological difficulties, including confusion, depression, sleep problems, drug craving, severe anxiety, paranoia and even psychotic episodes. Similar difficulties may occur weeks after taking MDMA. Physical symptoms such as increases in heart rate and blood pressure may result from use of such substances. Other physical symptoms include muscle tension, blurred vision, nausea, rapid eye movement and involuntary teeth clenching.

Hallucinogens (acid, PCP, LSD, psilocybin [mushrooms]) are among the most potent mood-changing chemicals and may produce unpredictable effects that may impair coordination, perception, and cognition. Some LSD users experience flashbacks, often without warning, with the user having taken the

drug again. Violence, paranoia, delusions, hallucinations, convulsions, coma, cardiac arrest, and respiratory failure may result from hallucinogen use.

Marijuana (pot, grass, hash, cannabis sativa, etc.) may impair memory, attention, coordination, and learning. Short term effects of smoking marijuana may include problems with memory, learning, distorted perception, difficulty in thinking, and problem solving, loss of coordination, increased heart rate, anxiety, and panic attacks. Persons who smoke marijuana regularly may have many of the same respiratory problems as tobacco smokers, including daily cough and phlegm, chronic bronchitis, and more frequent chest colds. Because users of marijuana deeply inhale and hold marijuana smoke in their lungs, they incur a higher risk of getting lung cancer.

Narcotics (heroin, pain medication [Demerol, Percodan, Lortab, etc.]) may produce temporary euphoria followed by depression, drowsiness, cognitive impairment and vomiting. Narcotic use may cause convulsions, coma, and death. Tolerance and dependence tend to develop rapidly. Using contaminated syringes to inject drugs may result in contracting HIV and other infectious diseases such as hepatitis.

Nicotine (tobacco, cigarettes, cigars, chewing tobacco, nicotine chewing gum and patches) is highly addictive, and according to the Surgeon General, is a major cause of stroke and is the third leading cause of death in the United States. Over time, higher levels of nicotine must be consumed in order to achieve the same effect. Nicotine consumption results in central nervous system sedation and, after initial activation, may cause drowsiness and depression. If women smoke cigarettes and also take oral contraceptives, they are more prone to cardiovascular and cerebro-vascular diseases than are other smokers. Pregnant women who smoke cigarettes run an increased risk of having stillborn or premature infants or infants with low birth weight.

Steroids (anabolic-androgenic) may permanently damage liver, cardiovascular, and reproductive systems. Possible side effects include liver tumors, cancer, jaundice, fluid retention, and hypertension. In men, steroids may cause shrinking of testicles, reduced sperm count, infertility, baldness, breast development and increased risk for prostate cancer. In women, steroid use may cause growth of facial hair, male-pattern baldness, menstrual changes, enlarged clitoris, and deepened voice.

Stimulants (amphetamine, methamphetamine, speed, crystal, crank, Ritalin, caffeine, various overthecounter stimulants and diet aids) are powerful central nervous system stimulants that may increase agitation, physical activity, and anxiety. Stimulants may decrease appetite, dilate pupils, and cause sleeplessness. Dizziness, higher blood pressure, paranoia, mood disturbance, hallucination, dependence, convulsions, and death due to stroke or heart failure may also result from use.

Reference: National Institute on Drug Abuse, National Institutes of Health, www.nida.nih.gov

#### F. Alcohol/Drug Treatment Resources

Center for Substance Abuse Treatment Information and Referral Line 1-800-662-HELP (4357)

Cocaine Helpline 1-800-COCAINE (262-2563) https://addictionblog.org/support/cocaine-hotline/

National Council on Alcoholism and Drug Dependence Hope Line 1-800-622-2255, 24 hours a day

National Institute on Drug Abuse National Institute of Health 888-NIH-NIDA (toll-free) www.nida.nih.gov

Reach-Out Hotline 1-800-522-9054 Alcohol, drug, domestic violence, sexual assault, rape crisis, intervention and mental health referral.

#### **Excerpt from Staff Handbook**

#### VI. STANDARDS OF CONDUCT and EMPLOYMENT POLICIES

#### Drug-Free Workplace

In accordance with the Drug-Free Workplace Act of 1988, OSU-Oklahoma City notifies all employees that the unlawful manufacture, distribution, possession or use of a controlled substance is prohibited in the workplace. Any employee found to have violated this prohibition might be subject to disciplinary action up to and including dismissal or be required to satisfactorily participate in a drug abuse assistance or rehabilitation program as a condition of continued employment. The drug abuse assistance/rehabilitation program shall be one that has been previously approved for such purposes by a federal, state, or local health, law enforcement or other appropriate agency. The imposition of such

disciplinary action or requirement to satisfactorily participate in a drug abuse assistance/rehabilitation program is premised solely upon a violation of this prohibition and does not require a criminal conviction.

As a condition of employment at OSU-Oklahoma City, all employees will:

- 1. Comply with the terms of this statement; and
- 2. Notify OSU-Oklahoma City (through either their immediate supervisor, other supervisory administrator or project director) of any criminal drug statute conviction for a violation occurring in the workplace in writing no later than five days after such conviction.

Such conviction may, of course, result in the employee being disciplined or required to satisfactorily participate in a drug abuse assistance/rehabilitation program as specified above. Failure of an employee to report his/her conviction, as required herein, constitutes grounds for dismissal.

As a further requirement of the Drug-Free Workplace act, OSU has established a drug free awareness program for the purpose of informing employees about the dangers of drug abuse in the workplace, the University's prohibition of controlled substances in and on OSU property, any available drug counseling, rehabilitation and employee assistance programs, and the penalties that may be imposed for drug abuse violations. An Employee Assistance Program has been created in furtherance of the drug-free awareness program. Information about the drug-free awareness program and the Employee Assistance Program may be obtained the Human Resource Office.

Reference is made to OSU Policy and Procedures 1-1205, Drug-Free Workplace and the Drug Free Workplace Act of 1988 as sources of information and clarification.

#### **Drug-Free Schools Policy**

As set forth in local, state, and federal laws, and the rules and regulations, OSU-Oklahoma City prohibits the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees in buildings, facilities, grounds, or other property owned and/or controlled by OSU-Oklahoma City or as part of OSU-Oklahoma City activities.

#### Internal Sanctions

Any student or employee of OSU-Oklahoma City alleged to have violated this prohibition shall be subject to disciplinary action including, but not limited to expulsion, termination of employment, referral for prosecution after and/or completion, at the individual's expense, of an appropriate rehabilitation program. Any disciplinary action shall be taken in accordance with applicable policies of OSU-Oklahoma City.

#### **External Sanctions**

Local, state and federal laws provide for a variety of legal sanctions for the unlawful possession and distribution of illicit drugs and alcohol. These sanctions include, but are not limited to, incarceration and monetary fines.

Drug/Alcohol Counseling and Rehabilitation Programs

The Wellness Center, Family Resource Center, Counseling Center has information of this nature for students and employees. The Employee Assistance Program is also available for employees. Other resources in the community may also be available from these centers or programs. Seeking help from, being referred to or from these services is confidential, and will not, alone, result in disciplinary action. Individual privacy will, of course, be maintained in any counseling/rehabilitation process.

#### APPENDIX A

Oklahoma State University Policy for All Students and Employees Regarding the Drug-Free Schools & Communities Act

- 1.01 Purpose The Drug Free Schools and Communities Act Amendments of 1989 require an institution of higher education to certify to the U.S. Department of Education by 10-1-90, that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees in order to remain eligible for federal financial assistance of any kind. This policy is adopted by Oklahoma State University to comply with this statutory directive.
- 2.01 Policy As set forth in local, state, and federal laws, and the rules and regulations of the University, Oklahoma State University-Oklahoma City prohibits the unlawful possession, use or distribution of illicit drugs 1 and alcohol by students and employees in buildings, facilities, grounds, or other property owned and/or controlled by the University or as part of University activities.
- 3.01 Internal Sanctions Any student or employee of the University who has violated this prohibition shall be subject to disciplinary action including, but not limited to, suspension, expulsion, termination of employment, referral for prosecution and/or completion, at the individual's expense, of an appropriate rehabilitation program. Any disciplinary action shall be taken in accordance with applicable policies of the University.
- 4.01 External Sanctions Local, state, and federal laws provide for a variety of legal sanctions for the unlawful possession and distribution of illicit drugs and alcohol. These sanctions include, but are not limited to, incarceration and monetary fines.

Federal law provides rather severe penalties for distributing or dispensing, or possessing with the intent to distribute or dispense a controlled substance, 3 and penalties of a less severe nature for simple possession of a controlled substance. The type and quantity of the drug, whether the convicted person has any prior convictions, and whether death or previous injury resulted from use of the drug in question (this, however, is not a factor in a case of simple possession) all affect the sentence. For example, if less than 50 kilograms of marijuana are involved and it is your first offense (no prior convictions), then you are subject to imprisonment of not more than 5 years, a fine of \$250,000, or both. If however, 50-100 kilograms of marijuana are involved instead of less than 50, and all other factors are the same as in the preceding example, you are subject to imprisonment of not more than 20 years, unless death or serious injury results from the marijuana use, then you are subject to not less than 20 years or life, a fine of \$1,000,000, or both. While the penalties for simple possession are less severe, the first conviction still carries a sentence of up to a year imprisonment, a fine of at least \$1,000 but not more than \$100,000, or both. With regard to simple possession, the number of convictions makes both the minimum period of imprisonment and fines greater. Under special provisions for possession of crack, a person may be sentenced to a mandatory term of at least 5 years in prison and not more than 20 years, a fine of \$250,000, or both.

Starting July 1, 2000, conviction under Federal or State law involving the possession or sale of a controlled substance shall make a student ineligible to receive any grant, loan, or work assistance beginning with the date of conviction and ending as follows: (1) conviction for possession of a controlled substance: first offense - 1 year; second offense - 2 years; third offense - indefinite; (2) sale of a controlled substance: first offense - 2 years; second offense - indefinite. Students may regain eligibility earlier than specified by satisfactorily completing a rehabilitation program or other requirement as specified in the regulations.

State Law provides similar penalties with regard to the simple possession, distribution, or possession with the intent to distribute a controlled dangerous substance. 4 Simple possession of marijuana is a misdemeanor and carries a punishment of up to 1 year in the county jail. A second or subsequent conviction for simple possession of marijuana carries 2-10 years in the state penitentiary. Possession of marijuana with the intent to distribute is a felony and carries a punishment of 2 years to life in the penitentiary and a fine of up to \$20,000 for the first conviction. A second or subsequent conviction carries a punishment of 4 years to life in prison and a fine of up to \$40,000. Depending upon the quantity involved, a convicted individual could be sentenced under the Oklahoma "Trafficking in Illegal Drugs Act" which provides for much harsher penalties.

In addition, state law provides that possession of or possession with the intent to consume 3.2 beer by someone under 21 years old in a public place is a misdemeanor punishable by a fine not to exceed \$100.00 or by appropriate community service not to exceed 20 hours. Possession of other alcoholic/intoxicating beverages by someone under 21 years old in a public place is a misdemeanor punishable by imprisonment in the county jail for not more than 30 days, a fine not to exceed \$100.00, or both. 5 There are also state laws concerning driving under the influence of alcohol and using a false driver's license to obtain 3.2 beer or other alcoholic beverages. Depending upon the number of previous convictions or gravity of the circumstances you may be convicted of a felony or misdemeanor for such an offense. It is most likely that you will also forfeit your driving privileges in the event you are convicted of such an offense.

There are also Oklahoma City laws similar to those described above. If drugs are involved the city will, most likely, defer to the state or federal authorities because their penalties are more severe. If alcohol is involved, you may be convicted of violating both local and state law and punished according to both laws. Courts do not excuse individuals convicted of these offenses from a prison sentence to go to college or

work. A conviction for such an offense is a serious blemish on your record which could prevent you from entering many careers or obtaining certain jobs.

Further information regarding these local, state, and federal laws may be found in the Student Activities Office where copies are available to students and employees. Students and employees are encouraged to review this information. The above-referenced examples of penalties and sanctions are based on the relevant laws at the time of adoption of this policy statement. Such laws are, of course, subject to revision or amendment by way of the legislative process.

#### **Excerpt from Faculty Handbook and Adjunct Faculty Handbook**

#### ALCOHOL/DRUG POLICIES

#### **Drug-Free Workplace**

In accordance with the Drug-Free Workplace Act of 1988, OSU-Oklahoma City notifies all employees that the unlawful manufacture, distribution, possession or use of a controlled substance is prohibited in the workplace. Any employee found to have violated this prohibition might be subject to disciplinary action up to and including dismissal or be required to satisfactorily participate in a drug abuse assistance or rehabilitation program as a condition of continued employment. The drug abuse assistance/rehabilitation program shall be one that has been previously approved for such purposes by a federal, state or local health, law enforcement or other appropriate agency. The imposition of such disciplinary action or requirement to satisfactorily participate in a drug abuse assistance/rehabilitation program is premised solely upon a violation of this prohibition and does not require a criminal conviction.

As a condition of employment at OSU-Oklahoma City, all employees will:

- 1. Comply with the terms of this statement; and
- 2. Notify OSU-Oklahoma City (through either their immediate supervisor, other supervisory administrator or project director) of any criminal drug statute conviction for a violation occurring in the workplace in writing no later than five days after such conviction.

Such conviction may, of course, result in the employee being disciplined or required to satisfactorily participate in a drug abuse assistance/rehabilitation program as specified above. Failure of an employee to report his/her conviction, as required herein, constitutes grounds for dismissal.

As a further requirement of the Drug-Free Workplace Act, OSU has established a drug-free awareness program for the purpose of informing employees about the dangers of drug abuse in the workplace, the University's prohibition of controlled substances in and on OSU property, any available drug counseling, rehabilitation and employee assistance programs, and the penalties that may be imposed for drug abuse violations. An employee assistance program has been created in furtherance of the drug-free awareness program. Information about the drug-free awareness program and the employee assistance program may be obtained from the Human Resources Office.

Reference is made to Oklahoma State University Policy and Procedures Letter 1-1205, Drug-Free Workplace and the Drug Free Workplace Act of 1988 as sources of information and clarification.

#### **Drug-Free Schools Policy**

As set forth in local, state and federal laws, and the rules and regulations of OSU-Oklahoma City, OSU-Oklahoma City prohibits the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees in buildings, facilities, grounds or other property owned and/or controlled by OSU-Oklahoma City or as part of OSU-Oklahoma City activities.

#### **Internal Sanctions**

Any student or employee of OSU-Oklahoma City alleged to have violated this prohibition shall be subject to disciplinary action including, but not limited to expulsion, termination of employment, referral for prosecution after and/or completion, at the individual's expense, of an appropriate rehabilitation program. Any disciplinary action shall be taken in accordance with applicable policies of OSU-Oklahoma City.

#### **External Sanctions**

Local, state and federal laws provide for a variety of legal sanctions for the unlawful possession and distribution of illicit drugs and alcohol. These sanctions include, but are not limited to, incarceration and monetary fines.

#### **Drug/Alcohol Counseling and Rehabilitation Programs**

The Wellness Center, Family Resource Center, and Counseling Center have information of this nature for students and employees. The Employee Assistance Program is also available for employees. Other resources in the community may also be available from these centers or programs. Seeking help from, being referred to or from these services is confidential, and will not, alone, result in disciplinary action. Individual privacy will, of course, be maintained in any counseling/rehabilitation process.

Reference is made to the Drug-Free Schools and Communities Act of 1989 as sources of information and clarification.

# AOD Program Effectiveness and Consistency of Sanctions for Standards Violations

OSU-Oklahoma City total enrollment averages 5,500 students. The campus does not have residence halls, athletics or Greek life. The student body consists of a diverse group of both traditional aged college students, as well as non-traditional students who work full-time. The average age of the OSU-Oklahoma City student is 26 with full-time enrollment equaling 26% and part-time enrollment at 74%. The student gender breakdown shows a higher female enrollment at 63% than the male counterpart at 37%. OSU-OKC continues to see growth in the Hispanic population each semester with 18% reported in fall 2019. Heavy enrollment numbers are reported in online course offerings with 64% of students taking at least one online class. Students at OSU-OKC are highly dependent on financial aid to attend college with over 3063 of the student population receiving some form of financial assistance. The lack of residence halls, athletics, Greek life and a higher average age may be contributing factors to low number of alcohol and other drug violations on campus.

During the Academic Years 2018-2019 and 2019-2020, there were no violations of the AOD standards of conduct. Because the campus discipline philosophy encompasses an educational component, community resources to provide opportunities for counseling or treatment are also shared with any student needing help.

Because there are limited violations of the AOD Program, OSU-OKC cannot determine if the program is effective. This may be due to the older student population and the lack of residence halls, athletics, and Greek life yielding lower numbers of violations. Additionally, security officers may not be trained adequately to determine if a student is under the influence of alcohol and drugs minus the odor of alcohol. As evidenced by the above case the established sanctions were applied as required by institutional policy.

# **Recommendations for Revising AOD Programs**

Expand consistent AOD prevention messaging on and off campus to a diverse, older student population including promotion of AOD webpage to address online students

Continue to Increase marketing efforts to promote and raise awareness of how to refer students or employees in need of help regarding alcohol and drug abuse

Increase intentional alcohol and drug education awareness programs deemed appropriate for students, faculty and staff

Provide AOD awareness programs or training at least once a semester for faculty and professional staff

Assess existing programs and policies for evidence of effectiveness

Increase engagement with campus stakeholders to promote AOD programming in all settings across campus

Leverage technology to provide new venues and approaches to communicate AOD prevention messages

# Appendix A

# Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist

•		oes the institution maint here is it located?	ain a copy of its drug	prevention program? Yes [	X No ☐ If yes,
	ho <u>ht</u>	olds information about	AOD Policies. It can htconduct/alcohol-dr	ent of Student Experience a also be accessed on the ins ug-program Programming	titutional web page at
•	D m	oes the institution provic	de <i>annually</i> to <i>each e</i> of academic credit ex	mployee and each student, scept for continuing education	•
	a.	Standards of conduct the alcohol on its property	•	possession, use, or distribu	tion of illicit drugs and
		Students: Yes 🗵	No 🗖	Staff and Faculty: Yes 🗵	No □
	b.	A description of the hea	alth risks associated v	vith the use of illicit drugs a	nd the abuse of
		Students: Yes 🗵	No 🗖	Staff and Faculty: Yes 🗵	No 🗖
	c.	A description of applica	ble legal sanctions u	nder local, state, or federal l	law
		Students: Yes 🗵	No □	Staff and Faculty: Yes 🗵	No 🗖
	d.	A description of applica	ble counseling, treat	ment, or rehabilitation or re	e-entry programs
		Students: Yes 🗵	No 🗖	Staff and Faculty: Yes 🗵	No 🗖
	e.	A clear statement of the employees, and a descr		ns the institution will impos ions	e on students and
		Students: Yes 🗵	No 🗖	Staff and Faculty: Yes 🗵	No 🗖
•	Α	re the above materials di	stributed to students	in one of the following way	ys?
	a.	Mailed to each student Yes ⊠ No □	(separately or includ	ed in another mailing, EMA	IL)
	b.	Through campus post of Yes ☐ No 区	offices boxes		
	c.	Class schedules which a	are mailed to each stu	udent	
	d.	During freshman orient  Yes ☑ No ☐	ation		
	e.	During new student ori	entation		

	Yes ⊠ No 🗖
In ano	ther manner (describe)
•	Do the means of distribution provide reasonable assurance that each student receives the materials annually? Yes $\boxtimes$ No $\square$
•	Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution? Yes $\boxtimes$ No $\square$
•	Are the above materials distributed to staff and faculty in one of the following ways?  a. Emailed Faculty: Yes ⊠ No □  Staff: Yes ⊠ No □
	b. Through campus post office boxes  Staff: Yes □ No ☒ Faculty: Yes □ No ☒ ☒
	c. During new employee orientation  Staff: Yes ⊠ No □  Faculty: Yes ⊠ No □
	d. In another manner (describe)
•	Does the means of distribution provide reasonable assurance that each staff and faculty member receives the materials annually?  Staff: Yes ⊠ No □ Faculty: Yes ⊠ No □
•	Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?
	Staff: Yes ⊠ No ☐ Faculty: Yes ⊠ No ☐
•	In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced?
	a. Conduct student alcohol and drug use survey  Yes ☑ No ☐
	b. Conduct opinion survey of its students, staff, and faculty  Students: Yes ☑ No ☐ Staff and Faculty: Yes ☑ No ☐
	c. Evaluate comments obtained from a suggestion box
	Students: Yes ☒ No ☐ Staff and Faculty: Yes ☒ No ☐

	_	
Students	: Yes No 🗵	
	tiveness of documented mandatory dru Students: Yes	ug treatment referrals for students and Staff and Faculty: Yes ☐ No 区
g. Assess effectemployees	tiveness of documented cases of discip	linary sanctions imposed on students and
Studen	ts: Yes 🗵 No 🗖 Staff	and Faculty: Yes 🗵 No 🗖
Other (please lis	t)	
Who is respons	tible for conducting these biomist review	nue 2
•	sible for conducting these biennial revie	ews?
•	sible for conducting these biennial revie ior Assessment Team (CBAT)	ews?
•	•	ews?
Campus Behavi	ior Assessment Team (CBAT)	
Campus Behavi	ior Assessment Team (CBAT) as the institution made available, to the	e Secretary and the public, a copy of each
Campus Behavi  If requested, ha	ior Assessment Team (CBAT) as the institution made available, to the	
Campus Behavi  If requested, ha	ior Assessment Team (CBAT) as the institution made available, to the	e Secretary and the public, a copy of each
Campus Behavi  If requested, ha	ior Assessment Team (CBAT) as the institution made available, to the	e Secretary and the public, a copy of each
Campus Behavi  If requested, ha request  Yes ⊠ No □	ior Assessment Team (CBAT) as the institution made available, to the	e Secretary and the public, a copy of each m and the results of the biennial review?
Campus Behavi  If requested, har request  Yes ⊠ No □  Where is the bi	ior Assessment Team (CBAT) as the institution made available, to the ted item in the drug prevention programental review documentation located?	e Secretary and the public, a copy of each m and the results of the biennial review?
Campus Behavi  If requested, ha request Yes No   Where is the bi Name:	ior Assessment Team (CBAT) as the institution made available, to the ted item in the drug prevention prograt ennial review documentation located? Christina Troxtell	e Secretary and the public, a copy of each m and the results of the biennial review? Darvin Gore
Campus Behavi  If requested, har request  Yes ⊠ No □  Where is the bi	ior Assessment Team (CBAT) as the institution made available, to the ted item in the drug prevention programental review documentation located?	e Secretary and the public, a copy of each m and the results of the biennial review?  Darvin Gore  Director, Safety & Security
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If requested, have request Yes No  Where is the bit Name: Title: Department:	ior Assessment Team (CBAT) as the institution made available, to the ted item in the drug prevention prograt iennial review documentation located? Christina Troxtell Director, Student Engagement Student Life	Darvin Gore Director, Safety & Security Safety and Security
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If requested, have request Yes No Where is the bit Name: Title: Department: Phone:	ior Assessment Team (CBAT) as the institution made available, to the ted item in the drug prevention prograt iennial review documentation located? Christina Troxtell Director, Student Engagement Student Life	Darvin Gore Director, Safety & Security Safety and Security 405-945-6789

## Appendix B

# SUPPLEMENTAL CHECKLIST<sup>1</sup> Drug-Free Schools and Campuses Regulations (EDGAR Part 86)

The Drug-Free Schools and Campuses Regulations require an institution of higher education (IHE) to certify it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. Failure to comply with the DrugFree Schools and Campuses Regulations may forfeit an institution's eligibility for federal funding.

EDGAR Part 86 establishes a set of minimum requirements for college substance use programs. Colleges and universities may have additional obligations under state law, including recent court decisions in lawsuits brought against IHEs by college and university students and employees. Consultation with an attorney knowledgeable in this area is highly recommended.

A. Description of the AOD Program Elements

## 1. Alcohol-Free Options

☐ Other:

Hov	How does your campus provide an environment with alcohol-free options? Please check all			
that apply:				
X	Alcohol-free events and activities are created and promoted.			
X	Student service learning or volunteer opportunities are created, publicized, and promoted.			
X	Community service work is required as part of the academic curriculum.			
X	The campus offers a student center, recreation center, coffeehouse, or other alcohol-free			
	settings.			
X	The student center, fitness center, or other alcohol-free settings have expanded hours.			
X	Nonalcoholic beverages are promoted at events.			
	Does not promote alcohol-free options.			

Examples of campuses that offer alcohol-free options can be found at www.higheredcenter.org/ideasamplers: Pennsylvania State University, Ohio State University, and University of North Carolina.

# 2. Normative Environment

	w does your campus create a social, academic, and residential environment that supports health moting norms? Please check all that apply:			
	College admissions procedures promote a healthy environment.			
	The academic schedule offers core classes on Thursdays, Fridays, and Saturdays.			
X	Exams/projects increasingly require class attendance and academic responsibility.			
	Substance-free residence options are available.			
X	The campus encourages an increase in academic standards.			
	Faculty and staff are educated about behavioral indicators, student norms, and cultural attitudes related to high-risk or illegal alcohol use.			
	Faculty and staff are educated about behavioral indicators, student norms, and cultural attitudes related to illicit drug use.			
	Faculty are encouraged to engage in a higher level of contact with students.			
	Students are educated about misperceptions of drinking norms.			
X	Student leadership (e.g., orientation leaders, resident assistants, fraternity and sorority members, athletes, student organizations) promotes positive, healthy norms.   Students have opportunities to advise and mentor peers.			
X	Pro-health messages are publicized through campus and community media channels.			
	Does not promote a normative environment.			
	Other:			
Exa	mples of campuses that promote a normative environment can be found at			
	w.higheredcenter.org/ideasamplers: Santa Clara University, Northern Illinois University, and versity of Arizona.			
<b>3.</b> <i>A</i>	3. Alcohol Availability			
Ηον	w does your AOD prevention program limit alcohol availability? Please check all that apply:			
X	Alcohol is banned or restricted on campus.			
X	Alcohol use is prohibited in public places.			
	Delivery or use of kegs or other common containers is prohibited on campus.			
	Alcohol servers are required to be registered and trained.			
	Server training programs are mandatory.			
	Guidelines for off-campus parties are disseminated.			

	The number and concentration of alcohol outlets near campus are regulated.
	The costs of beer and liquor licenses are raised.
	The days or hours of alcohol sales are limited.
	The container size of alcoholic beverages is reduced.
	Alcohol is regulated by quantity per sale.
	Keg registration is required.
	State alcohol taxes are increased.
	Does not limit alcohol availability.
	Other:
Exa	amples of campuses that limit alcohol availability can be found at
	ww.higheredcenter.org/ideasamplers: Lehigh University, Michigan State University, and University of lorado.
4. ]	Marketing and Promotion of Alcohol
	w does your AOD prevention program limit marketing and promotion of alcohol on and off campus? lase check all that apply:
X	Alcohol advertising on campus is banned or limited.
	Alcohol advertising on campus is banned or limited. Alcohol industry sponsorship for on-campus events is banned or limited.
X	
☒	Alcohol industry sponsorship for on-campus events is banned or limited.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.  Alcohol advertising in the vicinity of campus is banned or limited.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.  Alcohol advertising in the vicinity of campus is banned or limited.  Alcohol promotions with special appeal to underage drinkers is banned or limited.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.  Alcohol advertising in the vicinity of campus is banned or limited.  Alcohol promotions with special appeal to underage drinkers is banned or limited.  Alcohol promotions that show drinking in high-risk contexts is banned or limited.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.  Alcohol advertising in the vicinity of campus is banned or limited.  Alcohol promotions with special appeal to underage drinkers is banned or limited.  Alcohol promotions that show drinking in high-risk contexts is banned or limited.  Pro-health messages that counterbalance alcohol advertising are required.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.  Alcohol advertising in the vicinity of campus is banned or limited.  Alcohol promotions with special appeal to underage drinkers is banned or limited.  Alcohol promotions that show drinking in high-risk contexts is banned or limited.  Pro-health messages that counterbalance alcohol advertising are required.  Cooperative agreements are endorsed to institute a minimum price for alcoholic drinks.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.  Alcohol advertising in the vicinity of campus is banned or limited.  Alcohol promotions with special appeal to underage drinkers is banned or limited.  Alcohol promotions that show drinking in high-risk contexts is banned or limited.  Pro-health messages that counterbalance alcohol advertising are required.  Cooperative agreements are endorsed to institute a minimum price for alcoholic drinks.  Cooperative agreements are endorsed to limit special drink promotions.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.  Alcohol advertising in the vicinity of campus is banned or limited.  Alcohol promotions with special appeal to underage drinkers is banned or limited.  Alcohol promotions that show drinking in high-risk contexts is banned or limited.  Pro-health messages that counterbalance alcohol advertising are required.  Cooperative agreements are endorsed to institute a minimum price for alcoholic drinks.  Cooperative agreements are endorsed to limit special drink promotions.  "Happy hours" is eliminated from bars in the area.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.  Alcohol advertising in the vicinity of campus is banned or limited.  Alcohol promotions with special appeal to underage drinkers is banned or limited.  Alcohol promotions that show drinking in high-risk contexts is banned or limited.  Pro-health messages that counterbalance alcohol advertising are required.  Cooperative agreements are endorsed to institute a minimum price for alcoholic drinks.  Cooperative agreements are endorsed to limit special drink promotions.  "Happy hours" is eliminated from bars in the area.  The sale of shot glasses, beer mugs, and wine glasses at campus bookstores is banned.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.  Alcohol advertising in the vicinity of campus is banned or limited.  Alcohol promotions with special appeal to underage drinkers is banned or limited.  Alcohol promotions that show drinking in high-risk contexts is banned or limited.  Pro-health messages that counterbalance alcohol advertising are required.  Cooperative agreements are endorsed to institute a minimum price for alcoholic drinks.  Cooperative agreements are endorsed to limit special drink promotions.  "Happy hours" is eliminated from bars in the area.  The sale of shot glasses, beer mugs, and wine glasses at campus bookstores is banned.  Does not restrict marketing and promotion of alcohol.
	Alcohol industry sponsorship for on-campus events is banned or limited.  Content of party or event announcement is limited.  Alcohol advertising in the vicinity of campus is banned or limited.  Alcohol promotions with special appeal to underage drinkers is banned or limited.  Alcohol promotions that show drinking in high-risk contexts is banned or limited.  Pro-health messages that counterbalance alcohol advertising are required.  Cooperative agreements are endorsed to institute a minimum price for alcoholic drinks.  Cooperative agreements are endorsed to limit special drink promotions.  "Happy hours" is eliminated from bars in the area.  The sale of shot glasses, beer mugs, and wine glasses at campus bookstores is banned.  Does not restrict marketing and promotion of alcohol.  Other

# 5. Policy Development and Enforcement

How does your AOD prevention program develop and enforce AOD policies on and off campus? Please check all that apply:		
☑ On-campus functions must be registered.		
☐ ID checks at on-campus functions are enforced.		
☐ Undercover operations are used at campus pubs and on-campus functions.		
☑ Patrols observe on-campus parties.		
☐ Patrols observe off-campus parties.		
☑ Disciplinary sanctions for violation of campus AOD policies are increased.		
☐ Criminal prosecution of students for alcohol-related offenses is increased.		
☐ Driver's licensing procedures and formats are changed.		
☑ Driver's license penalties for minors violating alcohol laws are enforced. ☐ Sellers/servers are educated about potential legal liability.		
☐ ID checks at off-campus bars and liquor stores are enforced.		
☐ Penalties for sale of liquor to minors are enforced.		
☐ Laws against buying alcohol for minors are enforced.		
☑ Penalties for possessing fake IDs are enforced.		
☐ Undercover operations are used at retail alcohol outlets.		
☑ DUI laws are enforced.		
☐ Roadblocks are implemented.		
☐ Open house assemblies are restricted.		
☐ Dram shop laws that apply legal action for serving intoxicated drinkers or minors are established.		
☐ Does not develop or enforce AOD policies.		
☐ Other:		
Examples of campuses that increased enforcement of policies and laws can be found at		
www.higheredcenter.org/ idea samplers: Boston College, University of Oregon, and West Texas A&M		
University.		

#### B. A Statement of AOD Program Goals and a Discussion of Goal Achievement

Please state your AOD program goals:

Oklahoma State University – Oklahoma City is committed to ensuring, to the best of its ability, that its students, staff, and faculty are aware of the dangers of abuses of alcohol and other drugs. Additionally, OSU-OKC recognizes the importance that the campus community has the appropriate information and resources to alleviate such abuse. Faculty, staff and students are subject to appropriate sanctions regarding the inappropriate or illegal use or abuse of such substances on campus and at other venues that involve university community members. As is the case for many universities and colleges, AOD efforts directed to students focus on harm reduction. OSU-OKC's AOD program goals and discussion of goal achievement acknowledges that the campus is governed by an open-admission policy that yields a diverse student population at the average age of 26. Moreover, AOD program goals and discussion of goal achievement acknowledges the campus ability to identify of student AOD abuse. Given the campus' diverse student population, AOD program goals acknowledge that students may not be able to afford health benefits. This consideration leads to the heightened importance of the development of community resource networks.

Please describe how the program's goals were achieved:

Policy distributed to all faculty, staff and students through handbooks and/or distributed by campus email. Referral networks are established through either the employee assistance program or through the student advisement department. Additionally, the campus has entered into a partnership with Variety Health Clinic to provide low-cost medical care, including counseling to students. The campus is an alcohol and drug free environment.

Examples of specific program goals are demonstrated by the latest awardees of the Alcohol and Other Drug Prevention Models on College Campuses Grant Competition; please see www.higheredcenter.org/grants.

C. Summaries of AOD Program Strengths and Weaknesses What are the strengths and/or weaknesses of your AOD prevention program?

## **Strengths**

OSU-OKC has developed and implemented an AOD policy in accordance with the Drug-Free Schools and Communities Act.

The AOD policy is distributed annually to every student and available to all staff and faculty members.

OSU-OKC provides consistent enforcement of AOD related polices in relation to university events.

The results of a campus-wide student survey indicate that respondents are aware of institutional AOD policies (84.77%, up from 74.7% from the previous survey) that includes recognizing the campus as an AOD free setting (98.4%, up from 91.37% from the previous survey), Tobacco/Vape Free Campus (95.83%, up from 90.4% from the previous survey), and student conduct policies addressing sanctions for policy violations (59.93%). (See Appendix F)

The results of a campus-wide faculty-staff survey indicates that respondents participate in the AOD programming primarily by reading the annual email notification (79%) and reading university policy

regarding AOD (71%). Likewise, a majority of faculty and staff (58.93%) report they know how to refer a student or colleague for help if struggling with a drug or alcohol problem. Additionally, the majority of faculty and staff (82.14%) report that they know how to identify the signs of problematic drug and alcohol use. (See Appendix G)

All student events are "alcohol and drug free" activities on campus.

"No Smoking or Vaping" signs are posted across campus and aggressively enforced.

Academic programs stress partnership opportunities with community nonprofit organizations through service learning or practicums or volunteering opportunities that support the AOD messaging.

The campus maintains a referral network used to connect individuals struggling with AOD abuse to community resources.

#### Weaknesses

Low level of faculty engagement in prevention efforts.

Results of a campus-wide survey indicate that a majority (81%) of faculty and staff respondents want to be involved with AOD prevention activities, although 65% report they would attend planned AOD prevention activities. (See Appendix G)

Low numbers of campus specific programming focused on AOD prevention

Results of a campus-wide student survey indicate that only 1/3 of respondents know how to access the referral network for AOD community resources or know what academic courses provide drug and alcohol information within the course. (See Appendix F)

Low student body response to campus-wide AOD Survey

# D. AOD Policy\*

## 1. Policy Contents

What information do you distribute to employees and students (taking one or more classes for academic credit, not including continuing education)? Please check all that apply:

- A description of the health risks associated with alcohol abuse and the use of illegal drugs.
- ☑ A description of applicable legal sanctions under local, state, and federal laws.
- ☑ A description of any treatment, counseling, rehabilitation, or re-entry programs available at your institution.
- A statement of the institution's disciplinary measures regarding alcohol and illegal drug use by students and employees.
- ☐ Other AOD policy-related information:
- ☐ We do not have an AOD policy.

# 2. Policy Distribution

where does your institution publicize its alcohol of other drug policy? Please check all that	арріу.
Staff and faculty handbook	
☐ Admissions materials	
☐ Class schedules	
☐ Employee paychecks	
☑ Student's academic orientation	
☐ Residence hall orientation	
Staff and faculty orientation	
□ Formal speaking engagements	
☑ Other: Electronic Newsletter	
☐ We do not publicize our alcohol/drug policy.	
Please see the publication Setting and Improving Policies for Reducing Alcohol and Other Dr	ug Problem

\* Please attach copies of the policies distributed to students and employees.

#### E. Recommendations for Revising AOD Prevention Programs

Violence Prevention at www.higheredcenter.org.

Please offer any recommendations for revising AOD prevention programs and/or policies:

on Campus at the Web site of the Higher Education Center for Alcohol and Other Drug Abuse and

Expand consistent AOD prevention messaging on and off campus to a diverse, older student population including promotion of AOD webpage to address online students

Increase marketing efforts to promote and raise awareness of how to refer students or employees in need of help regarding alcohol and drug abuse

Increase intentional alcohol and drug education awareness programs deemed appropriate for students, faculty and staff

Partner with vendors to provide AOD awareness programs or training at least once a semester for faculty and professional staff

Assess existing programs and policies for evidence of effectiveness

Increase engagement with campus stakeholders to promote AOD programming in all settings across campus

Leverage technology to provide new venues and approaches to communicate AOD prevention messages

#### **Appendix C Student Behavior Contract**

#### Student Behavior Contract For Travel Off-Campus

You must complete this form at least 2 business days before you leave for your off-campus trip.

#### Student Behavior Contract

Contact Information [Required] Valid Input: -must be 10-15 digits long and may include only numbers, hyphens, and spaces. -name@myschool.edu

First name: Middle initial: Last name: Email address: Phone number: Address: City: State: ZIP:

Organization you are traveling with: [Required]

Destination of Off-Campus Trip: [Required]

Date of departure: [Required]
Please list the date that you are leaving for your off-campus trip.

Date of return: [Required]
Please list the date that you are returning from your off-campus trip.

As stated in the Student Handbook, students are asked to uphold certain expectations and are under obligation to the University to maintain high standards of ethics and conduct. The moral conduct and personal behavior of each member of a campus organization reflects not only on the organization's image, but also on the University as a whole. Students are expected to act at all times with self-respect, honor and rifegrity. Inappropriate behaviority will be determined by any accompanying college personne acting as sponsors or advisors. In the event that thehaviors ment immediate description, college sponsors or advisors. Serve were the right to suspend students from further organizational activities. College personnel may also reserve the right to suspend students from future off-campus trips for inappropriate behaviors.

III. Accommodations
Students will adhere to the accommodations provided for in advance by the University and/or campus organizations. Assigned sleeping arrangements will be honored unless prior approval is received by accompanying advisor or sponsor.

Misuse of funds provided by the University or campus organizations for food, transportation and lodging will constitute immediate suspension from organizational activities for student(s) involved and will require reimbursement of misused funds to the University.

IV. Alcoholic Beverages
Any use of alcoholic beverages by students who are minors is unlawful and forbidden by campus policy. Any adult providing alcoholic beverages to minors is contributing to
the delinquency of minors. Use of alcohol by all organizational participants is strongly discouraged. At the discretion of the accompanying advisor, students in violation will
be subject to suspension from further organizational activities.

Theft and Damage Students will be held personally responsible for theft or damages to commercial or private property.

I have read, understand and agree to follow the above guidelines for student behavior when traveling on off-campus trips on behalf of OSU-Oklahoma City or a campus organization thereof.

Valid in put:

- Select only one choice.

[ ] I agree and acknowledge that this will serve as my digital signature for this contract.

1is2 Many Sexual Violence Awareness [Required]
1is2 Many must be completed prior to going on an OSU-OKC sponsored off-campus trip. Student Life will verify that the training is complete before approving the Behavior Contract.
Valid input:
- Select only one choice.

[ ] I have completed the 1is2 Many Sexual Violence Awareness mandatory training.

Page 2 of 2 · Student Behavior Contract For Travel Off-Campus

#### **Appendix D Tobacco Use Policy**

OSU-Oklahoma City Policy and Procedure

TOBACCO USE IN UNIVERSITY BUILDINGS AND GROUNDS

Oklahoma City Campus

January 2014

#### UNIVERSITY POLICY AND STATE LAW

- 1.01 The Oklahoma Smoking in Public Places and Indoor Workplaces Act, 63 O.S. §§ 1-1523; 1-1525, et seq., requires Oklahoma State University and its constituent agencies to adopt policies regulating smoking in facilities owned, leased, or under their control. The Act prohibits the possession of lighted tobacco in any indoor place used by or open to the public, public transportation, or any indoor workplace, except where specifically allowed by law. In accordance with 21 O.S. §1247, all campuses, buildings and grounds, or portions thereof, owned or operated by an institution within The Oklahoma State System of Higher Education may be designated as tobacco free, including smoking or smokeless tobacco, by the institution upon adoption of a policy stating the tobacco restrictions for the institution and an intent to enforce the penalty for violations as set forth in subsection N of 21 O.S. §1247 effective November 1, 2010.
- 1.02 It is the intent of OSU-Oklahoma City to promote the health, well-being and safety of all students, faculty, staff and visitors. As such, OSU-Oklahoma City is designated as a tobacco-free environment. Smoking and the use of all tobacco products are prohibited. Tobacco use and the use of smoking preparations are prohibited in or on University property.
- 1.03 This policy applies to all buildings and grounds owned or under the control of OSU-Oklahoma City. Tobacco use and the use of smoking preparations are prohibited on any property that is within University-owned property perimeter.
- 1.04 Tobacco use is prohibited in any vehicle owned, leased, or under the control of OSU-Oklahoma City, Oklahoma State University, the State of Oklahoma and all its agencies and instrumentalities including those that provide public transportation.
- 1.05 This policy states the intent of Oklahoma State University to maintain a tobacco free campus and states its express intent to enforce the penalty for violations in accordance with subsection N of 21 O.S. §1247 using officers commissioned under the provisions of 74 §360.18 and the Board's regular commissioning procedures.

#### **DEFINITIONS**

2.01 Tobacco use includes, but is not limited to, the carrying by a person of a cigar, cigarette, pipe, or other lighted smoking device or the use of smokeless tobacco including snuff, chewing tobacco (including chewing on an unlit cigar or other tobacco product), smokeless pouches, or any other form of loose-leaf, smokeless tobacco.

2.02 Smoking preparations include but not limited to hookahs, electronic cigarettes, vapor devices, and clove cigarettes.

#### **PROCEDURES**

- 3.01 Oklahoma State University will not accept donations, gifts, money, or materials intended to promote the use of tobacco or smoking preparations or participate in any type of services that promote the use of tobacco.
- 3.02 Signage will by posted by the Safety and Security as appropriate to inform employees, students and visitors of policy provisions.
- A. "Breathe Easy" signs will be placed on all campus buildings.
- B. "Tobacco Free Campus" will be clearly posted at all main campus entrances.
- C. No ashtrays will be provided on campus.
- 3.03 Job postings will contain information about the tobacco-free environment. Human Resources will ensure that new employees receive information about the tobacco-free policy during new-hire orientation.
- 3.04 It is prohibited to sell tobacco products or smoking preparations or advertise the sale of tobacco products or smoking preparations on University property.
- 3.05 Littering the campus with remains of tobacco products smoking preparations or other disposable products is prohibited.
- 3.06 Organizers and attendees at events (meetings, conferences, lectures, cultural events and sporting events) using OSU-Oklahoma City facilities are required to abide by the policy. Organizers of such events are responsible for communicating the policy to attendees and for enforcing this policy.
- 3.07 Courtesy and consideration will be exercised when informing others unaware of and/or in disregard of this policy. It shall be a violation of this policy for any person to discriminate against any individual because the individual has opposed any practice made unlawful under this Policy, or because the individual has made a complaint or has assisted or participated in any manner in an investigation or proceeding under this Policy.
- 3.08 A complaint against an offender, who fails to respond to a request by another, as noted in Section 3.07, may be referred to a dean, director, other manager or to the campus security by completing an official signed complaint. Appropriate corrective action will be taken for an offender.
- 3.09 Departments that allow employees to take scheduled breaks may continue to do so, but may not allow extra or extended breaks for the use of tobacco products and tobacco simulated products and devices.
- 3.10 Compliance with this policy by all employees, students and visitors is expected. Non-compliance with this policy will be handled in the same manner as any other policy violation and is subject to disciplinary process.

3.10 OSU-Oklahoma City reserves the right to change this Policy and Procedures or any portion thereof at any time without prior notice.

#### TOBACCO CESSATION PROGRAMS

4.01 Employees wishing to participate in tobacco cessation programs are referred to the Employee Assistance Program through ComPsych (855-850-2397), BlueCross BlueShield of Oklahoma (1.877.258.6781), the Oklahoma Tobacco Quit Line (1.800.QUIT.NOW or 1.800.784.8669), the American Cancer Society, the American Lung Association, and the American Heart Association.

4.02 Students may contact the Oklahoma Tobacco Quit Line (1.800.QUIT.NOW or 1.800.784.8669), the American Cancer Society, the American Lung Association, and the American Heart Association for cessation assistance.

Adopted: January 2008

Revised: January 2014

#### **Appendix E AOD Notification Emails to Campus Community**



## **CAMPUS NEWS UPDATE**

#### Students:

Listed below are several campus reports, policies and disclosures:

- Click here to read the <u>Annual Security Report</u>\*. The report is required by the Jeanne Clery Act and is an annual opportunity to fully disclose information on crime and adjacent areas affecting our campus. If you have further questions on this report, contact the OSU-OKC Office of Safety & Security at (405) 945-3253.
- Click here to read the <u>Disability Accommodation Access Policy for OSU-OKC Sponsored Events</u>. If you have further questions on this policy, contact the <u>OSU-OKC Office of Disability Services and Diversity</u>.
- Click here to read the <u>Consumer Information Disclosure</u>, which includes information about OSU-OKC, important links, and addresses and phone numbers of the OSU-OKC offices responsible for consumer information.
- Click here to read the <u>OSU-OKC Code of Student Conduct</u>, which covers the policy for all students and employees regarding the <u>Drug-Free School and Communities Act</u>.

\*We can provide a paper copy of the Annual Security Report. If you are interested in a paper copy, email the OSU-OKC Office of Safety & Security by clicking here.

Oklahoma State University, as an equal opportunity employer, complies with all applicable federal and state laws regarding nondiscrimination and affirmative action. Oklahoma State University is committed to a policy of equal opportunity for all individuals and does not discriminate based on race, religion, age, sex, color, national origin, marital status, sexual orientation, gender identity/expression, disability, or veteran status with regard to employment, educational programs and activities, and/or admissions.

The following persons have been designated to handle inquiries regarding the nondiscrimination policies: Director, Human Resources, Administration Building 212, (405) 945-3298, and Director, Student Engagement, Student Center, first floor, (405) 945-3378. For further information, click here.



Faculty and staff:

Listed below are several campus reports, policies and disclosures. OSU-OKC is required to distribute this information at or near the beginning of each fall and spring semester.

- Release of the 2020 Annual Security Report has been delayed due to regulatory
  flexibilities in accordance with President Donald Trump's declaration of a national
  emergency due to COVID-19. For complete details, <u>click here</u>. If you have further
  questions on this report, contact the OSU-OKC Office of Safety & Security at (405)
  945-3253.
- Click here to read the <u>Disability Accommodation Access Policy for OSU-OKC Sponsored Events</u>. If you have further questions on this policy, contact the <u>OSU-OKC Office of Disability Services and Diversity</u>.
- Click here to read the <u>Service Animal and Emotional Support Animal Policy for Students</u>.
- Click here to read the <u>Consumer Information Disclosure</u>, which includes information about OSU-OKC, important links, and addresses and phone numbers of the OSU-OKC offices responsible for consumer information.
- Click here to read the <u>OSU-OKC Code of Student Conduct</u>, which covers the policy for all students and employees regarding the <u>Drug-Free School and Communities</u> Act.

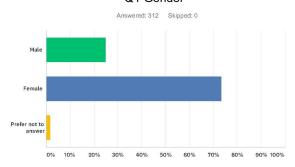
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## Appendix F Student AOD Survey Fall 2020

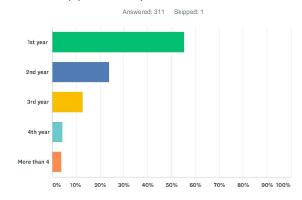
2018 OSU-OKC Student Drugs and Alcohol Survey

### Q1 Gender



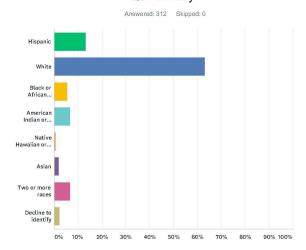
ANSWER CHOICES	RESPONSES	
Male	25.00%	78
Female	73.40%	229
Prefer not to answer	1.60%	5
TOTAL		312

## Q2 How many years have you been a student at OSU-OKC?



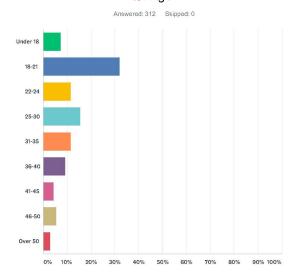
RESPONSES	
55.31%	172
23.79%	74
12.86%	40
4.18%	13
3.86%	12
	311
	55.31% 23.79% 12.86% 4.18%

### Q3 Ethnicity



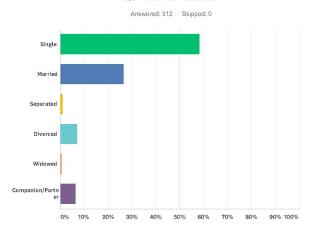
ANSWER CHOICES	RESPONSES	
Hispanic	13.14%	41
White	63.14%	197
Black or African American	5.45%	17
American Indian or Alaska Native	6.73%	21
Native Hawaiian or Pacific Islander	0.64%	2
Asian	1.92%	6
Two or more races	6.73%	21
Decline to identify	2.24%	7
TOTAL		312

### Q4 Age



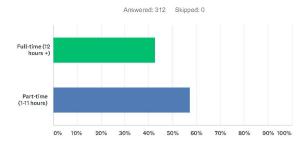
ANSWER CHOICES	RESPONSES	
Under 18	7.37%	23
18-21	32.05%	100
22-24	11.54%	36
25-30	15.38%	48
31-35	11.54%	36
36-40	9.29%	29
41-45	4.49%	14
46-50	5.45%	17
Over 50	2.88%	9
TOTAL		312

### Q5 Marital Status



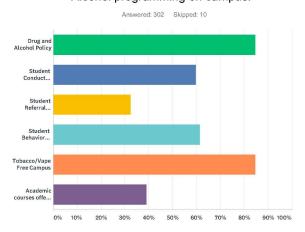
ANSWER CHOICES	RESPONSES	
Single	58.33%	182
Married	26.60%	83
Separated	0.96%	3
Divorced	7.05%	22
Widowed	0.64%	2
Companion/Partner	6.41%	20
TOTAL		312

### **Q6 Enrollment Status**



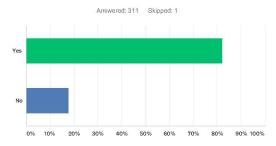
ANSWER CHOICES	RESPONSES	
Full-time (12 hours +)	42.63%	133
Part-time (1-11 hours)	57.37%	179
TOTAL		312

# Q7 Mark all of the items that you are familiar with regarding Drug and Alcohol programming on campus:



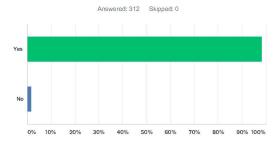
ANSWER CHOICES	RESPONSES	
Drug and Alcohol Policy	84.77%	256
Student Conduct Violations	59.93%	181
Student Referral Process	32.45%	98
Student Behavior Contract	61.59%	186
Tobacco/Vape Free Campus	84.77%	256
Academic courses offered that address drug and alcohol information	39.07%	118
Total Respondents: 302		

# Q8 I have read the institution's policy concerning drug and alcohol use on campus that was sent to me via my student email account.



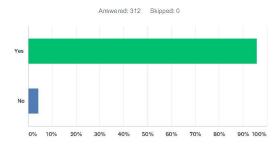
ANSWER CHOICES	RESPONSES	
Yes	82.32%	256
No	17.68%	55
TOTAL		311

## Q9 I know that OSU-OKC is a drug and alcohol free campus.



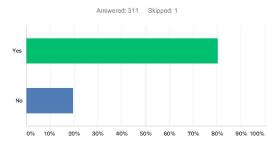
ANSWER CHOICES	RESPONSES	
Yes	98.40%	307
No	1.60%	5
TOTAL		312

## Q10 I know that OSU-OKC is a tobacco/vape free campus



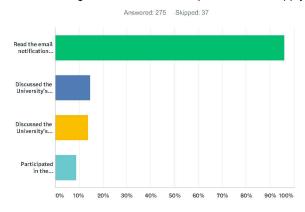
ANSWER CHOICES	RESPONSES	
Yes	95.83%	299
No	4.17%	13
TOTAL		312

# Q11 If faced with an alcohol or drug problem, I know where to go to ask for help.



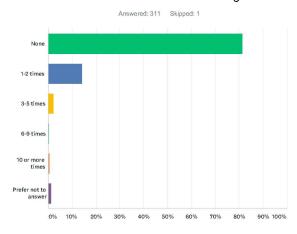
ANSWER CHOICES	RESPONSES	
Yes	80.39%	250
No	19.61%	61
TOTAL		311

# Q12 Within the last year, please indicate whether you have engaged in the following behaviors/activities: (Check all that apply)



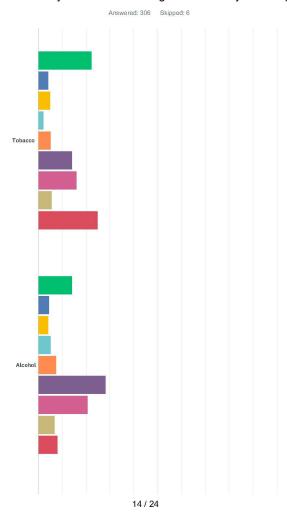
ANSWER CHOICES	RESPONS	SES
Read the email notification regarding the University's drug-free campus policy	96.00%	264
Discussed the University's drug and alcohol abuse prevention activities with a faculty or staff member	14.55%	40
Discussed the University's drug and alcohol prevention activities with a student	13.82%	38
Participated in the University's drug and alcohol prevention activities	8.73%	24
Total Respondents: 275		

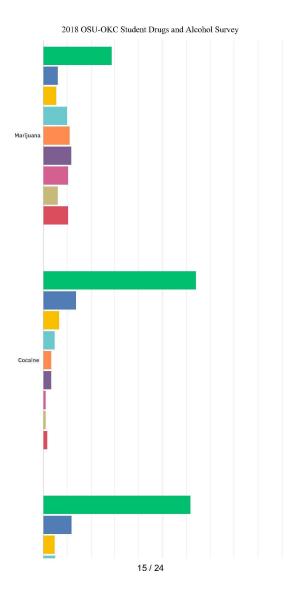
# Q13 Think back over the last two weeks. How many times have you had five or more drinks in one setting?

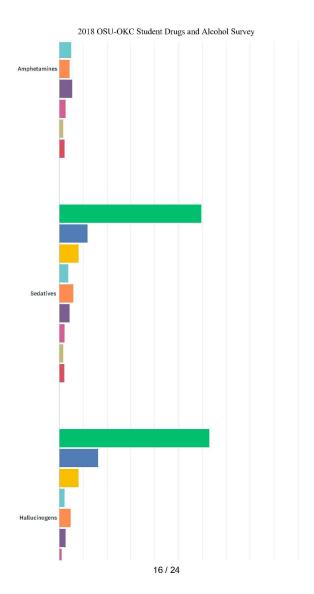


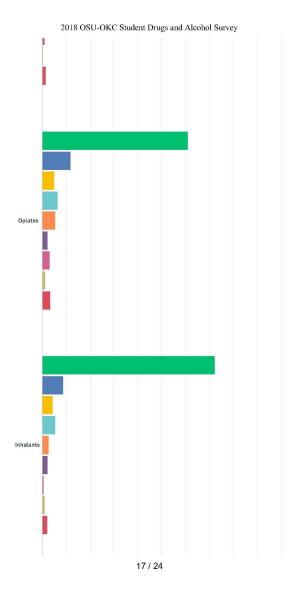
ANSWER CHOICES	RESPONSES	
None	81.35%	253
1-2 times	14.15%	44
3-5 times	2.25%	7
6-9 times	0.32%	1
10 or more times	0.64%	2
Prefer not to answer	1.29%	4
TOTAL		311

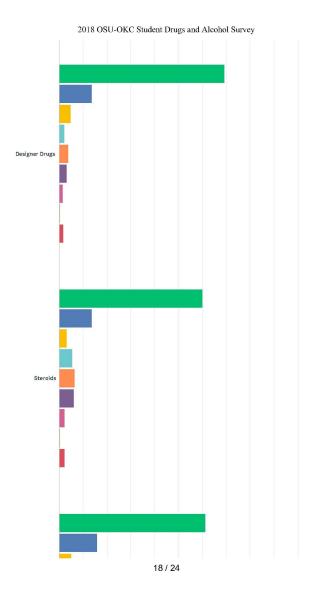
## Q14 How often do you think the average student on your campus uses:

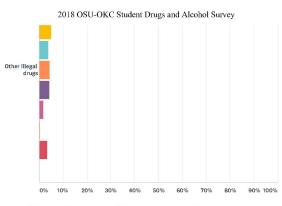










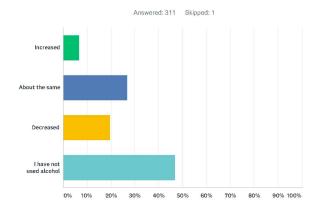


	Never	Once a	/ear	Six tin	nes per year	Once per month
Ī	Twice per	month	Once a	week	Three tim	es per week
	Five times	s per week	Eve	eryday		

	NEVER	ONCE A YEAR	SIX TIMES PER YEAR	ONCE PER MONTH	TWICE PER MONTH	ONCE A WEEK	THREE TIMES PER WEEK	FIVE TIMES PER WEEK	EVERYDAY	TOTAL
Tobacco	22.37% 68	4.28% 13	4.93% 15	2.30% 7	5.26% 16	14.14% 43	16.12% 49	5.59% 17	25.00% 76	304
Alcohol	14.14% 43	4.61% 14	4.28% 13	5.26% 16	7.57% 23	28.29% 86	20.72% 63	6.91% 21	8.22% 25	304
Marijuana	28.62% 85	6.06% 18	5.39% 16	10.10% 30	11.11% 33	11.78% 35	10.44% 31	6.06% 18	10.44% 31	297
Cocaine	64.07% 189	13.90% 41	6.78% 20	4.75% 14	3.39% 10	3.39% 10	1.02%	1.02%	1.69% 5	295
Amphetamines	61.69% 182	11.86% 35	4.75% 14	5.08% 15	4.41% 13	5.42% 16	2.71% 8	1.69% 5	2.37% 7	295
Sedatives	59.73% 175	11.95% 35	8.19% 24	3.75% 11	5.80% 17	4.44% 13	2.39% 7	1.71% 5	2.05% 6	293
Hallucinogens	62.93% 185	16.33% 48	8.16% 24	2.38% 7	4.76% 14	2.72% 8	1.02%	0.34% 1	1.36% 4	294
Opiates	61.02% 180	11.86% 35	5.08% 15	6.44% 19	5.42% 16	2.37% 7	3.05% 9	1.36% 4	3.39% 10	295
Inhalants	72.35% 212	8.87% 26	4.44% 13	5.46% 16	2.73% 8	2.39% 7	0.68%	1.02% 3	2.05% 6	293
Designer Drugs	69.28% 203	13.65% 40	4.78% 14	2.05% 6	3.75% 11	3.07% 9	1.37% 4	0.34% 1	1.71% 5	293
Steroids	60.07% 176	13.65% 40	3.07% 9	5.46% 16	6.48% 19	6.14% 18	2.39% 7	0.34%	2.39% 7	293
Other illegal drugs	61.22% 180	15.99% 47	5.10% 15	3.74% 11	4.42% 13	4.08% 12	1.70% 5	0.34%	3.40% 10	294

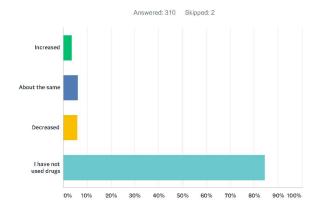
19 / 24

# Q15 To what extent has your alcohol use changed within the last 12 months?



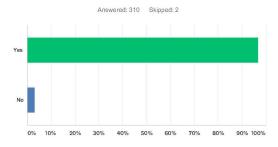
ANSWER CHOICES	RESPONSES	
Increased	6.75%	21
About the same	26.69%	83
Decreased	19.61%	61
I have not used alcohol	46.95%	146
TOTAL		311

# Q16 To what extent has your drug use changed within the last 12 months?



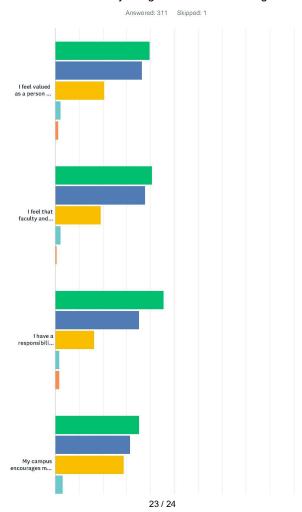
ANSWER CHOICES	RESPONSES	
Increased	3.55%	11
About the same	6.13%	19
Decreased	5.81%	18
I have not used drugs	84.52%	262
TOTAL		310

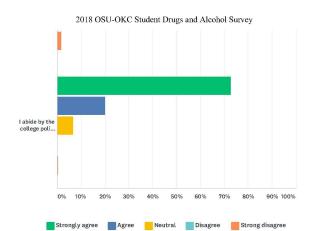
## Q17 Do you feel safe on campus?



ANSWER CHOICES	RESPONSES	
Yes	96.77%	300
No	3.23%	10
TOTAL		310

## Q18 To what extent do you agree with the following statements:



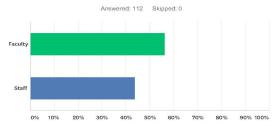


	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONG DISAGREE	TOTAL
I feel valued as a person on this campus	39.55%	36.33%	20.58%	2.25%	1.29%	
	123	113	64	7	4	311
I feel that faculty and staff care about me as a student	40.51%	37.62%	18.97%	2.25%	0.64%	
	126	117	59	7	2	311
I have a responsibility to contribute to the well-being of	45.45%	35.06%	16.23%	1.62%	1.62%	
other students	140	108	50	5	5	308
My campus encourages me to help others in need	35.16%	31.29%	28.71%	3.23%	1.61%	
•	109	97	89	10	5	310
I abide by the college policy and regulations that	72.90%	20.00%	6.77%	0.00%	0.32%	
concern alcohol and drug use	226	62	21	0	1	310

## **Appendix G Faculty Staff AOD Survey**

2018 Faculty/Staff Drug and Alcohol Survey

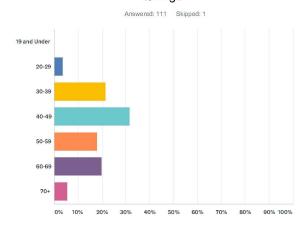
#### Q1 Classification of employment



ANSWER CHOICES	RESPONSES	
Faculty	56.25%	63
Staff	43.75%	49
TOTAL		112

### 2018 Faculty/Staff Drug and Alcohol Survey

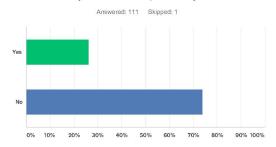
### Q2 Age



ANSWER CHOICES	RESPONSES	
19 and Under	0.00%	0
20-29	3.60%	4
30-39	21.62%	24
40-49	31.53%	35
50-59	18.02%	20
60-69	19.82%	22
70+	5.41%	6
TOTAL		111

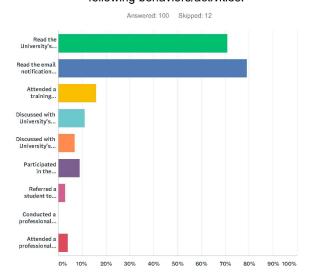
2018 Faculty/Staff Drug and Alcohol Survey

## Q3 Do you hold a supervisory role?



ANSWER CHOICES	RESPONSES	
Yes	26.13%	29
No	73.87%	82
TOTAL		111

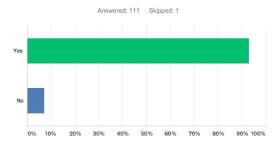
# Q4 Within the last year, please indicate whether you have engaged in the following behaviors/activities:



ANSWER CHOICES	RESPONS	ES
Read the University's drug-free workplace policy either on the webpage or in the faculty/staff handbooks	71.00%	71
Read the email notification of the University's drug-free campus	79.00%	79
Attended a training related to drug and alcohol abuse	16.00%	16
Discussed with University's drug and alcohol abuse prevention activities with a colleague	11.00%	11
Discussed with University's drug and alcohol prevention activities with a student	7.00%	7
Participated in the University's drug and alcohol prevention activities	9.00%	9
Referred a student to Campus Behavior Assessment Team (CBAT) or Advising for a drug/alcohol program	3.00%	3
Conducted a professional development day session or separate training to drug and alcohol abuse	0.00%	0
Attended a professional development day session related to drug and/or alcohol abuse	4.00%	4
Total Respondents: 100		

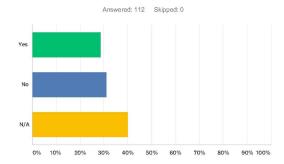
### 2018 Faculty/Staff Drug and Alcohol Survey

# Q5 Do you believe the University is concerned about the prevention of drug and alcohol abuse?



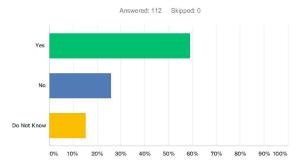
ANSWER CHOICES	RESPONSES	
Yes	92.79%	103
No	7.21%	8
TOTAL		111

## Q6 Have you ever provided information concerning drug and alcohol prevention to students within your syllabus or other classroom materials?



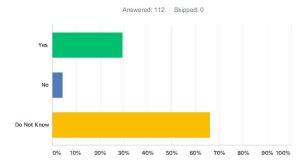
ANSWER CHOICES	RESPONSES	
Yes	28.57%	32
No	31.25%	35
N/A	40.18%	45
TOTAL		112

# Q7 Do you know how to refer a student or colleague with a suspected drug or alcohol problem for help?



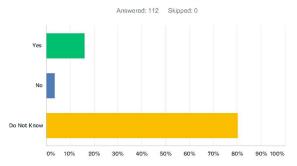
ANSWER CHOICES	RESPONSES	
Yes	58.93%	66
No	25.89%	29
Do Not Know	15.18%	17
TOTAL		112

### Q8 Are drug and alcohol policies consistently enforced on this campus?



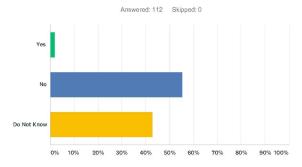
ANSWER CHOICES	RESPONSES	
Yes	29.46%	33
No	4.46%	5
Do Not Know	66.07%	74
TOTAL		112

## Q9 Are appropriate disciplinary actions taken when drug and alcohol policies have been violated by faculty/staff?



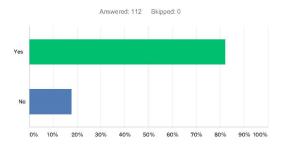
ANSWER CHOICES	RESPONSES	
Yes	16.07%	18
No	3.57%	4
Do Not Know	80.36%	90
TOTAL		112

# Q10 Do you consider the current drug and alcohol use on this campus to be more of a problem than that experienced by other campuses?



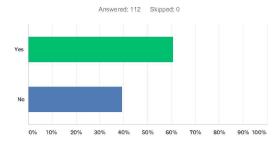
ANSWER CHOICES	RESPONSES	
Yes	1.79%	2
No	55.36%	62
Do Not Know	42.86%	48
TOTAL		112

# Q11 Do you know how to identify the signs of problematic drug and alcohol use?



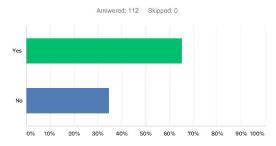
ANSWER CHOICES	RESPONSES	
Yes	82.14%	92
No	17.86%	20
TOTAL		112

# Q12 Do you feel that more information regarding the identification of problematic drug and alcohol use among students and employees would be helpful to you?



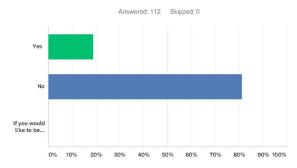
ANSWER CHOICES	RESPONSES	
Yes	60.71%	68
No	39.29%	44
TOTAL		112

# Q13 Would you attend a workshop dealing with drugs and alcohol prevention/education efforts?



ANSWER CHOICES	RESPONSES	
Yes	65.18%	73
No	34.82%	39
TOTAL		112

# Q14 Do you wish to be involved in drug and alcohol prevention efforts on this campus?



ANSWER CHOICES	RESPONSE	ES
Yes	18.75%	21
No	81.25%	91
If you would like to be contacted by the Office of Student Life, please provide your email here.	0.00%	0
TOTAL		112

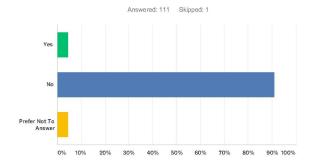
# Q15 Do you have ideas regarding how to increase campus awareness of the dangers of alcohol and other drugs?

Answered: 60 Skipped: 52

#	RESPONSES	DATE
1	Do not ignore the role of the government medical regulations that contribute to the opioid crisis. Prescription drugs are as responsible as the government intruding into doctor- patient relationships.	10/17/2018 8:50 AM
2	No	10/9/2018 8:31 AM
3	no	10/9/2018 7:32 AM
4	N/A	10/8/2018 10:31 AM
5	No	10/8/2018 7:23 AM
6	n/a	10/7/2018 3:13 PM
7	no	10/6/2018 8:30 PM
В	No	10/6/2018 9:08 AM
9	webinars, posters in the student center, events, make it a part of Spring Gathering, I truly think that we need a holistic focus on mental health as a precursor to any drug and alcohol talk. If we (US society) put the same money and resources to mental health that we do other diseases, a lot of these issues would not be as prevalent as they have become. If mental health treatments do not make me feel better, I will self medicate - that is the mindset.	10/5/2018 2:43 PM
10	not at this time	10/5/2018 2:37 PM
11	no	10/5/2018 2:00 PM
12	No	10/5/2018 1:24 PM
13	None	10/5/2018 1:10 PM
14	no	10/5/2018 11:42 AM
15	No	10/5/2018 11:27 AM
16	no	10/5/2018 10:09 AM
17	na	10/5/2018 9:57 AM
18	no	10/5/2018 9:15 AM
19	NA	10/5/2018 8:48 AM
20	No	10/5/2018 8:28 AM
21	no	10/5/2018 8:26 AM
22	None at this time.	10/5/2018 8:15 AM
23	I think we're doing well in this arena.	10/5/2018 7:33 AM
24	Send prevention materials to student's address of record	10/5/2018 7:20 AM
25	No	10/5/2018 7:08 AM
26	?	10/5/2018 7:02 AM
27	Work with OKCPD to do chats with students	10/4/2018 8:32 PM
28	yes	10/4/2018 8:04 PM
29	No	10/4/2018 7:05 PM
30	Signs, small cell group discussions, quick discipline but with mercy.	10/4/2018 5:45 PM

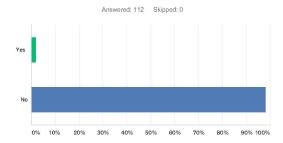
31	Law enforcement, including OHP, can provide some excellent info and statistics. Have seen some good talks by officers. Local law enforcement also has some good presenters.	10/4/2018 5:43 PM
32	no	10/4/2018 5:34 PM
33	No	10/4/2018 5:25 PM
34	Not at this time	10/4/2018 5:08 PM
35	Social media infomercials	10/4/2018 4:47 PM
36	No	10/4/2018 4:39 PM
37	no	10/4/2018 4:37 PM
38	not really	10/4/2018 4:14 PM
39	Not really - I teach online Composition and seldom have more than two classes. I have educated myself.	10/4/2018 4:11 PM
40	no	10/4/2018 4:03 PM
41	No	10/4/2018 3:49 PM
42	Flyers, public workshops, more trainings	10/4/2018 3:48 PM
43	no	10/4/2018 3:45 PM
44	publish location of policy	10/4/2018 3:41 PM
45	No, but I'm on campus only 2 evenings a week.	10/4/2018 3:38 PM
46	No	10/4/2018 3:25 PM
47	No.	10/4/2018 3:25 PM
48	Make all students take social problems.	10/4/2018 3:24 PM
49	Not at this time.	10/4/2018 3:22 PM
50	No	10/4/2018 3:21 PM
51	regular training	10/4/2018 3:20 PM
52	Provide campus events for students	10/4/2018 3:18 PM
53	no	10/4/2018 3:18 PM
54	A review of how to identify substance abuse.	10/4/2018 3:15 PM
55	n/a	10/4/2018 3:14 PM
56	NO	10/4/2018 3:14 PM
57	not at this time	10/4/2018 3:12 PM
58	No	10/4/2018 3:12 PM
59	no	10/4/2018 3:12 PM
60	No	10/4/2018 3:10 PM

# Q16 Have you or someone you know utilized the Employee Assistance Program (EAP) for information regarding drug or alcohol abuse?



ANSWER CHOICES	RESPONSES	
Yes	4.50%	5
No	90.99%	101
Prefer Not To Answer	4.50%	5
TOTAL		111

# Q17 Have you or someone you know utilized services through Blue Cross Blue Shield for information regarding drug or alcohol abuse?



ANSWER CHOICES	RESPONSES	
Yes	1.79%	2
No	98.21%	110
TOTAL		112

### **Appendix H AOD Substance Abuse Policy Flyer**



# SUBSTANCE **ABUSE POLICY**

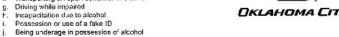
#### CAMPUS RULES AND REGULATIONS

Possession or use of alcohol or drugs on the Oklahoma State University-Oklahoma City (OSU-OKC) campus or at any university function is prohibited. The following excerpts from the OSU-OKC Student Code of Conduct explains the university's regulations regarding alcohol and drugs:

Alcohol: Consuming, possessing, distributing, selling or serving alcoholic beverages on university premises or at university-sponsored activities regardless of ago, except as expressly permitted by university policy. The following are also violations on or off camous:

- a. Public intoxication
- Driving under the influence of alcohol
   Actual physical control of a vehicle while under the influence of alcohol
- Providing alcohol to individuals under 21 years of age Social Host: Providing a location for any individual under 21 years
- of age to possess or consume alcohol Transporting an open container of alcohol

- Lawful and responsible alcohol consumption is permitted only in designated areas of the OSU-OKC campus, properties and facilities as authorized by the Board of Regents.



Drugs: Acting or intending to act to illegally use, possess, set, distribute, cultivate or manufacture any state or federally controlled drug, substance or paraphernalia. Inhaling or ingesting any substances (e.g., nitrous oxide, glue, paint, etc.) that will after a student's mental state is also prohibited.

Violations of any rule or regulation regarding drugs or alcohol may be reported to the OSU-OKC Office of Safety.

& Security seven days a week, 24 hours a day. Call the Office of Safety & Security at 405-945-9111.

### DRUGS AND ALCOHOL: KNOW THE RISKS

It's said, you are what you eat. Well, you are what you inhale, inject and drink, too. Drug and alcohol abuse are hazards to your physical and emotional health. Specific effects differ from person to person depending or the drug used, the amount and the conditions under which the drug is used, but every time you inhale, inject, or raise a glass you put your body and mind at risk.

- ◆ Chronic use of drugs and alcohol can lead to physical and psychological dependency.
   ◆ Drug and alcohol use impacts every part of your body from your brain to your heart to your digestive system.
   ◆ If drugs are injected, the user risks AIDS, hepatitis and other infections.
- If you use drugs and alcohol, you re more likely to experience physical injury or be involved in a car accident.
   You have an increased risk of death through suicide or nomicide.
   Hallucinogenic drugs, like LSD, cause delusions, mental distortions, and can result in violent reactions and

Data from the World Health Organization (2017).



Additionally, since illicit drugs vary in form, purity, and strength, the drug-user constantly risks an overdose, which can cause psychosis, convulsions, coma or death. But abusers don't just endanger their own lives; they jeopardize the health and lives of everyone around them when their drug and alcohol use results in accidents in the workplace and on the road.

### DISCIPLINARY SANCTIONS

Disciplinary action will be taken by the university for violations of these policies. Depending upon the nature of the violation, it may take the form of arrest and referral for prosecution, dismissal from the university, probation, temporary or permanent suspension from a class or program, denial of honors, certificate or degree, restitution, or restrictions on activities or privileges.

### LEGAL SANCTIONS

In addition to these university regulations, all applicable township, city, county, state, and federal laws, statutes, and regulations regarding drug and alcohol use shall apply on all university property and at all university-sponsored events. According to the laws of the State of Oklahoma, distribution, sale, or use of an illicit drug is punishable by fines, probation, and/or imprisonment.

It is also unlawful for any person under 21 years of age to purchase, consume or possess alcoholic beverage(s). Violators of this law are subject to fines and/or participation in substance abuse prevention programs.

Any person operating a vehicle while impaired or intoxicated is subject to restriction or denial of driver's license, and/or fines, and/or imprisonment.

### WHERE TO GET HELP

OSU-OKC recognizes that alcoholism and drug abuse can directly affect student success inside and outside the classroom. If you, or someone you know, needs help or information regarding alcohol and drug abuse, here are some resources available to you on campus and throughout the county. Most information is free and many treatment and counseling centers operate on an ability-to-pay basis.

### SUBSTANCE ABUSE SERVICES

- The Recovery Center 405-525-2525
- Alcohol Drug & Assessment Center 405-604-3784
- Valley Hope of Oklahoma City 405-946-7337
- The (ARC) Addiction Recovery Center 405-553-1272
- Catalyst Behavioral Services Program 405-232-9804
- Rehabilitation Treatment Care Center 405-563-8131
- Rightway Medical of Oklahoma City West 405-686-7828
- OKC Metro Alliance 405-232-1864

- Alcohol Treatment and Education 405-943-7483
- Pathways Drug Detoxification Center 405-310-8849
- Aurora Counseling Services 405-634-4434
- Turning Point Alcohol & Drug 800-509-8159
- Compass Clinic 405-445-0869
- Justin's Lighthouse Recovery Services 405-470-5566
- Oakwood Springs 405-438-3000

A complete directory to Oklahoma County substance abuse services is available by calling the Oklahoma Department of Mental Health & Rehabilitation Services, 800-522-9054. Publication and distribution of this information is in compliance with the requirements of the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act Amendments of 1989.