



September 2023

Dates to Remember

Fall Break: OSU-OKC Closed Thursday, Oct 19th and Friday, Oct 20th (Please use administrative leave for this time as it is not an official OSU holiday.)

Benefits/Wellness Fair 2023 – Thursday, Oct 26th in SC Conference North room from 9:00am to 2:00 pm

Benefits Open Enrollment for 2024 – Oct 30 to Nov 10, 2023 (selections effective Jan 1, 2024)

Benefits, Benefits, Benefits!

Benefits/Wellness Fair 2023

On Thursday, October 26th, we will be hosting the Benefits/ Wellness Fair in SC Conference room North from 9:00 AM to 2:00 PM. Vendors from Blue Cross Blue Shield of Oklahoma, Medefy (mobile app), TIAA, and Delta Dental will be on site.

If you have questions about any of OSU's health benefits, need help accessing the mobile app, or would like to find out what changes there will be in 2024, please stop by the Benefit fair for assistance.

[We will have drawings for door prizes at the end of the fair.](#)

2024 Annual Benefits Enrollment, Oct. 30 - Nov. 10, 2023

Annual Benefits Enrollment will be from Monday, Oct. 30, through Friday, Nov. 10, 2023. Employees will use Self-Service Banner to review benefits and make any necessary changes for calendar year 2024.

Ensure Continuation of Benefits in 2024

During Annual Enrollment, all benefit-eligible employees are encouraged to make elections for the new plan year. **New elections must be made each year for the following benefits to continue:**

- **Flexible Spending Accounts (FSA)**
 - **Health FSA** – set aside up to \$3,200 to use for your out-of-pocket medical and pharmacy expenses, carry forward amount from 2023 to 2024 has increased to \$640
 - **Dependent Care FSA** – set aside up to \$5,000 per household for your childcare expenses for dependent children under the age of 13
- **Health Savings Accounts (HSA) – must be enrolled in the BlueEdge High Deductible Health Plan**
 - **Employee Only** – can set aside up to \$4,150; employer will contribute \$750 (Total \$3,850)

- **Employee + Family** – can set aside up to \$8,300; employer will contribute \$1,250 (Total \$7,750)
- **Waiving OSU Health**

Please contact Lynne in HR if you have any questions. (Ext. 727)

To review current benefits and make changes:

- Log in to <https://my.okstate.edu> using your O-Key credentials
 - Select the **Employee** tab
 - Select **Benefits: Enroll, Verify, Qualifying Event**
 - Choose **2024 Annual Enrollment**
 - Click **Get Started** to begin your elections
- Or use the Benefitplace App
 - Install the Benefitplace App from Google Play or the Apple App Store
 - Enter the Company ID: **OSUAM**
 - Log into your benefits using your campus login credentials

Catapult Health Screenings

Appointments are now available for Catapult screenings on OKC Campus

Appointment dates:

Nov 13th (Monday)

Dec 7th (Thursday)

Dec 11th (Monday)

Schedule a time for your [Catapult health screening](#). Click on Fall 2023 clinics.

Catapult conducts free, confidential health screenings on campus for your convenience. The screening consists of a diagnostic blood test, measured biometrics, family medical history and a personal health report. Catapult health screenings are available for employees and their covered spouses enrolled in one of the OSU BlueCross BlueShield health plans (BlueOptions or BlueEdge). New hire benefits must be effective prior to the health screening appointment. Employees who complete the Catapult screening receive a **\$30/month** health plan premium credit, effective the first of the month following the screening. As a reminder, premium credits for screenings completed after July 1 begin the first of the following month and continue through December 2024.

Employee Assistance Program

The Employee Assistance Program (EAP) provides employees and their dependents with options for confidential counseling, work-life solutions, legal support, financial information, and wellness guidance. These services are offered by *GuidanceResources* at no cost to OSU-OKC employees. For more information about the program and how to contact *GuidanceResources*, check out the link on the OSU website. <https://hr.okstate.edu/benefits/guidanceresources.html>

Download the ComPsych® GuidanceNowSM Mobile App

Counseling and Support

The [Counseling and Support](#) website lists available community resources and student support resources. You will also find links to the Student Wellness newsletter, a mental health activity calendar, and a link to the [Wellness Center](#) site. For more information, please reach out to Ross Duren.

Ross Duren, LMSW
Administration Building, Rm 101
405-945-3346
ross.duren@okstate.edu

Employee Updates

New Employees

Name	Title	Dept.	Hire Date
Ronie Thompson	Horticulture Tech II	Horticulture	9/5/2023
Clinton Carter	Video & Digital Content Producer	Marketing & Communications	9/11/2023
Courtney Miller	Anatomy Lab Tech	Science	9/12/2023
Desmond Griffin	Security Officer	Safety & Security	9/12/2023
Maggie Petty	Office Coordinator	Early Settlement Mediation	9/18/2023
Tae Kim	Support Specialist	User Support & Training Services	9/18/2023
Tommy King	Instructor	PTDT	9/18/2023
Rebecca Johnson	Admissions Specialist	Admissions	9/20/2023
Bradley Jones	Support Specialist	User Support & Training Services	9/25/2023

Promotions/ Transfers

Name	Title	Dept.	Date
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Employee Departures

Name	Title	Dept.	Last Day
Zachary Rogers	Grounds Technician	Grounds Maintenance	8/31/2023
Kyle Beavers	Admissions Comm. Specialist	Admissions	9/1/2023
Christian Miller	Program Coordinator	CFSI	9/13/2023
Michael Hair	Instructor	PTDT	9/18/2023
Gaytra Newcomb	Academic Advisor	Academic Advisement	10/1/2023
Alyson Smotherman	Director of Recruitment	Recruitment	10/11/2023

Human Resources Team



Email: okc.humanresources@okstate.edu