



October 2024

Dates to Remember

- Annual Benefits Enrollment – Monday, Oct 28th through Friday, Nov 8th
- Thanksgiving Holiday – Campus will be closed Thursday, Nov 28th and Friday, Nov 29th. Use holiday leave.
- *Halloween* – Thursday, Oct 31st



If you dress up for Halloween, please keep in mind the appropriateness of your costume or apparel. Keep it clean, non-offensive, free of safety concerns, and be able to perform your duties.

Benefits/Wellness Fair Prize Winners

Congratulations to the following employees who won prizes at the Benefits Fair!



- Andie Linder – Medfy Wireless Beats headphones
- Tae Kim – American Fidelity swag bag
- Bradley Jones – VSP designer sunglasses
- Scott Newman BCBS charging station
- Vickie Wilkins – OSU tumbler
- Dean Scherer – 5\$ Target card
- Chris Ford – yoga mat
- Evelin Mendoza – Hinge Health mug
- Vinetta Buchanan – Teledoc water bottle
- Mary Kay – digital jump rope
- Jessie Ross & Kiel Pepper– TIAA water bottles
- Joyce Crawford, Matthew Price, Janet Sticklin, Connie Bradley, Richard Maytubby, and Cynthia Drake – Wellness Center swag bags

Thank you to everyone who attended the Benefits/ Wellness fair this year.

Employee Mandatory Training

Reminder that the deadline for completing your two annual mandatory training courses for 2024 is Dec 31st. Employees are required to complete 2024 Title VII and Title IX and 2024 IT Security Awareness. Full-time employees will complete training in the Talent Management System. Temps and adjuncts can complete training via the links on the HR Training website. Please direct your training questions and certificates of completion to Theo James in HR. (okc.humanresources@okstate.edu).

Blue Cross Blue Shield Well onTarget Update

The *Well onTarget* Blue Points merchandise mall will retire at the end of 2024 and be replaced with digital gift cards. The new redemption experience will be embedded in the portal and the *AlwaysOn* wellness mobile app. Members should log in to wellontarget.com if they prefer to redeem their Blue Points balances for merchandise before the end of this year. Any Blue Points balances not redeemed will roll over to 2025. Blue Points will be redeemable for digital gift cards — with over 75 merchants to choose from. The redemption experience will be smoother with more flexible options including the redemption amount (i.e., dollar amount). Similar to purchases in the merchandise mall, the gift cards will be reported to payroll for taxation. BCBS has sent communications to those who have participated in the program.

Catapult Health Screening Appointments Available on OKC Campus

Premium credits for Catapult screenings completed after July 1st begin the first of the month following the screening and are good through Dec. 2025.

2024 Clinics:

Nov 21, Thursday, SC Pistol Pete conf room

Dec 10, Tuesday, SC Pistol Pete conf room

Dec 11, Wednesday, SC Pistol Pete conf room

Schedule a time for your [Catapult health screening](#).

Catapult conducts free, confidential health screenings on the Stillwater campus for your convenience. The screening consists of a diagnostic blood test, measured biometrics, family medical history and a personal health report. Catapult health screenings are available for employees and their covered spouses enrolled in one of the OSU BlueCross BlueShield health plans (BlueOptions or BlueEdge). New hire benefits must be effective prior to the health screening appointment. Employees who complete the Catapult screening receive a \$30/month health plan premium credit, effective the first of the month following the screening. As a reminder, premium credits for screenings completed after July 1 begin the first of the following month and continue through December 2025.

New in 2024, Catapult has gone to a 100% Tasso clinic model. Benefits to this clinic model include:

- Eliminated the experience of a painful needle finger prick!
- Takes only 10-15 minutes to complete your blood draw and measurements vs. 40 minutes.
- Complete your NP consultation from the privacy of your home and at a time that works best for you.
- A1C measurement for all participants.

Schedule a screening [here](#) or call [877-373-9974](tel:877-373-9974).

New to FSA or HSA Plans?

If you just elected to participate in a Flexible Spending Account (FSA) or a Health Savings Account (HSA), be sure to create a login with the respective vendors to access your FSA or HSA card for spending.

FSA – Chard-Snyder

<https://www.chard-snyder.com/>

Customer service: 800-982-7715 or request account assistance with askpenny@chard-snyder.com

HSA – HealthEquity

<https://my.healthequity.com/ClientLogin.aspx>

Member Services: 877-750-0934

Counseling and Support

The [Counseling and Support](#) website lists available community resources and student support resources. You will also find links to the Student Wellness newsletter, a mental health activity calendar, and a link to the [Wellness Center](#) site. For more information, please reach out to Ross Duren.

Ross Duren, LMSW

Administration Building, Rm 101

405-945-3346

ross.duren@okstate.edu

Employee Assistance Program

The Employee Assistance Program (EAP) provides employees and their dependents with options for confidential counseling, work-life solutions, legal support, financial information, and wellness guidance. These services are offered by *GuidanceResources* at no cost to OSU-OKC employees. For more information about the program and how to contact *GuidanceResources*, check out the link on the OSU website. <https://hr.okstate.edu/benefits/guidanceresources.html>

Download the ComPsych® GuidanceNowSM Mobile App

Employee Updates

New Employees

Name	Title	Dept.	Hire Date
Derek Gregory	Security Officer	Safety & Security	10/27/2024
Deserail Rose	Advisor/Coordinator	Talent Search	10/21/2024
Cynthia Drake	Administrative Assistant	Paramedicine	10/21/2024
Matthew Johnson	Operations Admin Specialist	Operations VP	10/1/2024
Grantham Hamm	Academic Advisor	Academic Advisement	9/30/2024
Graeme Morrison	Academic Advisor	Academic Advisement	9/30/2024

Employee Departures

Name	Title	Dept.	Last Day
Karen Flores Cornejo	Recruitment Specialist	Recruitment	10/28/2024
Terry Sherman	Developer	Enterprise Systems	10/11/2024
Tylie Griffith	Academic Coordinator	Upward Bound	9/20/2024

Human Resources Team



Email: okc.humanresources@okstate.edu