



October 2023

Dates to Remember

Benefits/Wellness Fair 2023 – Thursday, Oct 26th in SC Conference North room from 9:00am to 2:00 pm

Benefits Open Enrollment for 2024 – Oct 30 to Nov 10, 2023
(selections effective Jan 1, 2024)



Halloween – Tuesday, Oct 31st

If you dress up for Halloween, please keep in mind the appropriateness of your costume or apparel. Keep it clean, non-offensive, free of safety concerns, and be able to perform your duties.

Wednesday, Nov 22nd – Campus closed, use administrative leave

Thanksgiving break – Nov 23rd-24th , use holiday leave

2023-2024
FACULTY & STAFF
EXCELLENCE AWARDS
WHO DUNNIT?
LOOK FOR THE CLUES
Nomination period is open! Deadline: Tuesday, Oct. 31, 2023

Changes in Health Benefits for 2024

- 2024 Medical monthly premiums:
 - Employee only — increase by \$15
 - Employee + Children — increase by \$30
 - Employee + Spouse — increase by \$45
 - Family — increase by \$60
- Increase in premiums for all vision plan tiers.
- Increase in BlueOptions PPO deductible to \$1,000 for individual/\$3,000 for family coverage.

- Increase in BlueEdge HDHP deductible to \$3,200 for individuals/\$6,400 for family coverage.
- Spousal verification: beginning 1/1/2024 for those spouses with no access to group health plan coverage. Those who have coverage offered through their current employer can no longer be covered by their spouse under the OSU/A&M medical plan.
- Increase co-insurance to 90% for those willing to utilize Blue Distinction centers for certain procedures (non-emergent Cardiac, Knee/Hip/Spine)
- Expanded Benefits Value Advisor (BVA).

Stillwater is hosting two Teams meetings to go over the 2024 benefit changes. Registration is not required.

Tuesday, Oct. 24 — Teams meeting

Wednesday, Oct. 25 — Teams meeting

Learn more [here](#).

Benefits/Wellness Fair 2023

On Thursday, October 26th, we will be hosting the Benefits/ Wellness Fair in SC Conference room North from 9:00 AM to 2:00 PM. Vendors from Blue Cross Blue Shield of Oklahoma, VSP, Chard Snyder, MASA, Medefy (mobile app), TIAA, and Delta Dental will be on site.

We will have drawings for door prizes at the end of the fair.

New OSU/A&M Benefits App!

Introducing the New OSU/A&M Benefits App by Medefy Health.

Need to find high-quality, low-cost care? Have a benefits question? Don't know where to start? Text your care guide in the app today!

Features include:

- Live chat with a Healthcare Benefits Guide!
- Answers health benefit questions!
- Helps schedule appointments!
- Saves you money with low cost in-network care!
- All conversations are 100% confidential!

Save money on healthcare

We'll identify and schedule the most affordable in-network care for you! MRIs, CTs, surgeries, doctor visits, and more!

All your benefit tools

Digital insurance cards, healthcare spending, wellness incentives & more – all in one app!

Search "OSU/A&M Health Benefits" in your app store to get started!

Medefy will be available to answer questions at the Benefits/Wellness Fair on Oct 26th.

2024 Annual Benefits Enrollment, Oct. 30 - Nov. 10, 2023

Annual Benefits Enrollment will be from Monday, Oct. 30, through Friday, Nov. 10, 2023. Employees will use Self-Service Banner to review benefits and make any necessary changes for calendar year 2024.

Ensure Continuation of Benefits in 2024

During Annual Enrollment, all benefit-eligible employees are encouraged to make elections for the new plan year. **Elections must be made each year for the following benefits to continue:**

- **Flexible Spending Accounts (FSA)**
 - **Health FSA** – FSA limits not yet release by the IRS, carry forward amount from 2023 to 2024 has increased to \$610
 - **Dependent Care FSA** – set aside up to \$5,000 per household for your childcare expenses for dependent children under the age of 13
- **Health Savings Accounts (HSA) – must be enrolled in the BlueEdge High Deductible Health Plan**
 - **Employee Only** – can set aside up to \$4,150; employer will contribute \$750 (Total \$4,900)
 - **Employee + Family** – can set aside up to \$8,300; employer will contribute \$1,250 (Total \$9,550)
- **Everyone must fill out the Spousal Coverage Verification Form – NEW REQUIREMENT**
- **Waiving OSU Health**

Please contact Lynne in HR if you have any questions. (Ext. 727)

To review current benefits and make changes:

- Log in to <https://my.okstate.edu> using your O-Key credentials
 - Select the **Employee** tab
 - Select **Benefits: Enroll, Verify, Qualifying Event**
 - Choose **2024 Annual Enrollment**
 - Click **Get Started** to begin your elections
- Or use the Benefitplace App
 - Install the Benefitplace App from Google Play or the Apple App Store
 - Enter the Company ID: **OSUAM**
 - Log into your benefits using your campus login credentials

Catapult Health Screenings

Appointments are available for Catapult screenings on OKC Campus

Appointment dates:

Nov 13th (Monday)

Nov 14th (Tuesday)

Dec 7th (Thursday)

Dec 11th (Monday)

Schedule a time for your [Catapult health screening](#). Click on Fall 2023 clinics.

Catapult conducts free, confidential health screenings on campus for your convenience. The screening consists of a diagnostic blood test, measured biometrics, family medical history and a personal health report. Catapult health screenings are available for employees and their covered spouses enrolled in one of the OSU BlueCross BlueShield health plans (BlueOptions or BlueEdge). New hire benefits must be effective prior to the health screening appointment. Employees who complete the Catapult screening receive a **\$30/month** health plan premium credit, effective the first of the month following the screening. As a reminder, premium credits for screenings completed after July 1 begin the first of the following month and continue through December 2024.

TIAA Retirement Planning

In-Person Meetings Available

Our TIAA representative can meet with you for One-on-One consultations. If you are interested, please schedule a meeting at <https://shared.tiaa.org/public/publictools/events/meetingatworkplace> and choose from the available appointments for OSU-OKC. The customer service staff is equipped to answer most questions at 1-800-842-2776. You can also log on to www.tiaa.org/okstate to access the specifics on your accounts and schedule appointments.

OKC appointment times:

Tuesday, Nov 28th 8:00am – 5:00pm

Tuesday, Dec 12th 8:00am – 5:00pm

Employee Assistance Program

The Employee Assistance Program (EAP) provides employees and their dependents with options for confidential counseling, work-life solutions, legal support, financial information, and wellness guidance. These services are offered by *GuidanceResources* at no cost to OSU-OKC employees. For more information about the program and how to contact *GuidanceResources*, check out the link on the OSU website. <https://hr.okstate.edu/benefits/guidanceresources.html>

Download the ComPsych® GuidanceNowSM Mobile App

Counseling and Support

The [Counseling and Support](#) website lists available community resources and student support resources. You will also find links to the Student Wellness newsletter, a mental health activity calendar, and a link to the [Wellness Center](#) site. For more information, please reach out to Ross Duren.

Ross Duren, LMSW
Administration Building, Rm 101
405-945-3346
ross.duren@okstate.edu

Employee Updates

New Employees

Name	Title	Dept.	Hire Date
Tatiana Lomo	Accessibility Resources & Div Coord.	Disability & Diversity	10/16/2023
Janna Smith	Admissions Specialist	Admissions	10/16/2023
Jannah Wooten (Bates)	Registrar Specialist	Records & Registrar Services	10/10/2023
Elizabeth Smith	Academic Advisor	Academic Advisement	10/9/2023

Employee Departures

Name	Title	Dept.	Last Day
Ashley Hallenbeck	Grant Asst. Div/Accessibility Specialist	Disability & Diversity	9/30/2023

Human Resources Team



Email: okc.humanresources@okstate.edu