



May 2026

Dates to Remember

- Monday, May 11th – Bi-weekly Payroll Deadline
- Monday, May 18th – Monthly Leave Report Deadline
- Monday, May 25th – Memorial Day – campus will be closed for the holiday
- Tuesday, May 26th – Payroll due date for biweekly time moved to Tuesday due to Holiday

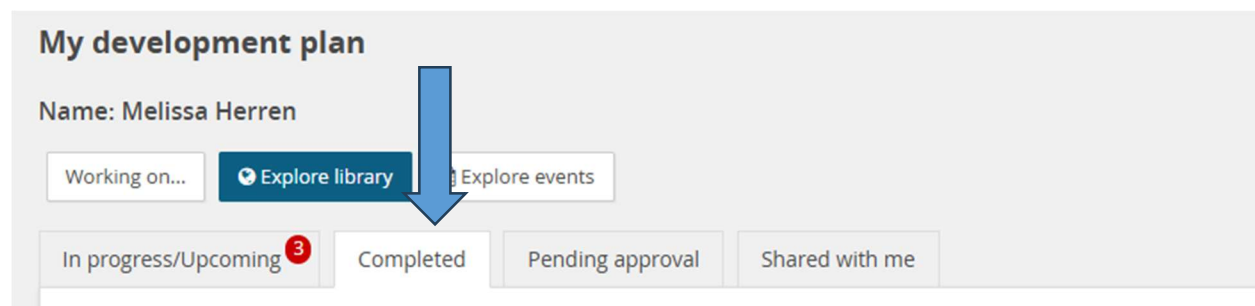
Pete's Pet Posse

Do you have a dog you think would work well as a therapy pet?

Applications for OSU-OKC's next Pete's Pet Posse class will open in September 2026! Learn more at <https://osuokc.edu/student-life/petes-pet-posse/apply> or email bonnie.skaggs@okstate.edu.

Annual Staff Evaluations

It's time for Annual Staff Evaluations. Remember that all employees are required to participate in two professional development training courses per year. The dates of review are May 1, 2025, through April 30, 2026. To view a copy of your Talent Management System (TMS) training, click on About Me, Development Plan and choose completed.



You should see any professional development you have completed on your transcript providing it was submitted to HR or completed online. To print your completed list, right click and choose print. You can create a PDF by changing the print destination to Microsoft Print to PDF.

If you have any questions, please contact HR or email okc.humanresources@okstate.edu.

Mental Health Awareness Month

May is Mental Health Awareness Month, which is an important opportunity to prioritize mental well-being and share the support resources available to employees and their dependents.

In addition to the various [wellness resources](#) available on campus, review the following services, available at no cost:

Employee Assistance Program – ComPsych

OSU's [EAP](#), offered through ComPsych, provides confidential support to employees and their dependents for a variety of concerns including stress, family issues and emotional well-being.

BCBS Mental Health Hub

Employees enrolled in the BCBS medical plan now have access to the new BCBS Mental Health Hub. This resource offers expanded mental health tools and services tailored to meet a variety of needs. [Watch the introductory video](#) and access the Hub by logging into bcbsok.com, selecting "Behavioral Health" and choosing "Mental Health Hub."

BCBS Learn to Live (L2L)

[Learn to Live](#) is a digital platform that partners with BCBS of Oklahoma to offer free, confidential support for mental health challenges like anxiety, depression and more. Services include:

- Self-guided, evidence-based online programs
- Live coaching from licensed clinicians
- Webinars to promote emotional well-being

[Counseling and Support](#) website lists available community resources and student support resources. You will also find links to the Student Wellness newsletter, a mental health activity calendar, and a link to the [Wellness Center](#) site. For more information, please reach out to Ross Duren.

- Ross Duren, LMSW
- Administration Building, Rm 101
- 405-945-3346
- ross.duren@okstate.edu

On Campus TIAA Retirement Consultations

You can meet with a Financial Consultant at OSU-OKC Campus

No matter where you are in life - just getting started or planning for retirement - a session with a Financial Consultant can help you create a plan for your goals. And it's at no additional cost as a part of your retirement plan. You'll get answers to these questions and more:

- Am I invested in the right mix of investments to help meet my goals?
- Am I saving enough to create the retirement income I need?
- How do I take income from my retirement account once I stop working?

TIAA will be available for one-on-one sessions on May 14th, from 9:00am to 3:00pm in SC Pistol Pete conference room

RSVP today, as space is limited. Register for sessions at tiaa.org/schedulenow, or by calling **800-732-8353**, on weekdays, 7 a.m. to 9 p.m. (CT).

Nearing Retirement?

If you are considering retirement in the next few years, it is important for you to know who to contact to help plan your benefits. Please review the Retirement Guide for detailed information.

<https://hr.okstate.edu/site-files/benefits/osu-retire-planning-guide-2026.pdf> OSU requires you to submit a

letter of resignation at least 90 days prior to the retirement date. You will work closely with Human Resources to ensure all paperwork is completed in a timely fashion to continue benefits and not have a delay in the retirement income. You may fit the criteria to retire from TIAA-CREF or OTRS but not meet the OSU Retiree requirements if you have been in education prior to your service with OSU.

OSU Retiree - If you meet OSU retirement criteria as of the last day of your continuous regular employment with OSU, you will be considered an OSU retiree.

- If you are at least age 62 and have at least ten continuous regular years of service at OSU, or;
- You worked at OSU for at least 25 years in a continuous regular appointment, no matter what your age, or;
- You meet the OTRS guidelines for the “Rule of 80” or “Rule of 90” (age plus years of OTRS membership).

“Rule of 80” applies to employees joining OTRS prior to July 1, 1992. For those joining OTRS after June 30, 1992, the “Rule of 90” applies.

TIAA Retiree - You can withdraw funds from your TIAA-CREF account upon separation of employment from OSU. The method of withdraw may depend on your age (under 59 ½ tax implications), type of funds in your accounts, or the type of annuity you wish to obtain.

OTRS Retiree - If you are a member of Oklahoma Teachers Retirement Member nearing retirement, please review the timeline that has been implemented within their system. You can find the steps to retire and [deadline dates](#) or view the [OTRS Handbook](#)

Planning to retire can be very stressful if you are not aware of the resources available to you. If you have any questions, please contact HR.

Employee Updates

New Employees

Name	Title	Dept.	Hire Date
Keelah Warden	Instructor	Nursing	3/25/2026
Shelbi Striplin	Instructor	Nursing	4/13/2026
Thomas Curtain	Officer	Safety and Security	4/13/2026
Emerielle McCauley	Instructor	Nursing	5/4/2026
Page Mindedahl	Communications Coordinator	Marketing	5/4/2026

Employee Departures

Name	Title	Dept.	Last Day
Tatiana Burcar	Academic Advisor	Academic Advisement	4/3/2026
Courtney Miller	Anatomy Lab Technician	Science	4/7/2026

Human Resources Team



Email: okc.humanresources@okstate.edu